

OLYMPIC	Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30	Saturday 1	Sunday 2	ARENA	Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30	Saturday 1	Sunday 2	ARENA
5.00 - 5.15	Practice Ice	Practice Ice	Practice Ice	Practice Ice	Practice Ice			5.00 - 5.15								5.00 - 5.15
5.15 - 5.30	NISA Level 1+	NISA Level 1+	(Dance Only)	NISA Level 1+	NISA Level 1+			5.15 - 5.30								5.15 - 5.30
5.30 - 5.45	5.00-6.00	5.00-5.50 2S*	5.00 - 5.50	5.00-6.00	5.00-5.50 2S*			5.30 - 5.45								5.30 - 5.45
5.45 - 6.00								5.45 - 6.00	Dance Only	Dance Only						5.45 - 6.00
6.00 - 6.15	Group 4	Group 3	Group 2B	Group 4	Group 3	Group 2B	Practice Ice	6.00 - 6.15	Practice Ice	Practice Ice						6.00 - 6.15
6.15 - 6.30	6.00 - 7.00	5.50 - 6.50	5.50 - 6.50	6.00 - 7.00	5.50 - 6.50	6.00 - 7.00	Lessons Only	6.15 - 6.30	NISA Level 1+	NISA Level 1+						6.15 - 6.30
6.30 - 6.45	RC/LF/SS	JS/JI	RC/LF/WC	RC/LF/WC	JS/JI	RC/LF/WC	6.00 - 7.00	6.30 - 6.45	6.00 - 7.00	6.00 - 7.00						6.30 - 6.45
6.45 - 7.00							Max 15	6.45 - 7.00	Max 15	Max 15						6.45 - 7.00
7.00 - 7.15	Group 3	Group 2A	Group 2A	Group 2B	Group 2A	Practice Ice	Practice Ice	7.00 - 7.15	Practice Ice	Practice Ice						7.00 - 7.15
7.15 - 7.30	7.00 - 8.00	7.00 - 8.00	7.00 - 8.00	7.00 - 8.00	7.00 - 8.00	2S*	Lessons Only	7.15 - 7.30	NISA Level 1+	NISA Level 1+						7.15 - 7.30
7.30 - 7.45	JS/JI/GV	JS/JI/GV	JS/JI/GV	RC/LF/WC	JI/GV	7.00-8.00	7.00 - 8.00	7.30 - 7.45	7.00 - 8.00	7.00 - 8.00						7.30 - 7.45
7.45 - 8.00						SKUK8+	Max 15	7.45 - 8.00	Max 15	Max 15 SY						7.45 - 8.00
8.00 - 8.15	Lessons Only	Lessons Only	Lessons Only	Lessons Only	Lessons Only	Lessons Only	Lessons Only	8.00 - 8.15	Practice Ice	Practice Ice						8.00 - 8.15
8.15 - 8.30	8.00 - 8.30	8.00 - 8.30	8.00 - 8.30	8.00 - 8.30	8.00 - 8.30	8.00 - 8.30	8.00 - 8.30	8.15 - 8.30	2S*	2S*						8.15 - 8.30
8.30 - 8.45								8.30 - 8.45	8.00-9.00	8.00-9.00						8.30 - 8.45
8.45 - 9.00	Group 1	Group 1	Group 1	Group 1	Group 1	Skate UK	Sk8UK TotsJnr. Acad	8.45 - 9.00	SKUK8+	SKUK8+						8.45 - 9.00
9.00 - 9.15	8.40 - 9.50	8.40 - 9.45	8.40 - 9.45	8.40 - 9.45	8.40 - 9.50	8.45 - 9.15	8.15 - 8.45SY/CP/KB/LB	9.00 - 9.15								9.00 - 9.15
9.15 - 9.30	JS/GV	JS/GV	GV	JS/GV	JS/GV	9.15 - 9.45	Skate UK/Jnr. Acad	9.15 - 9.30								9.15 - 9.30
9.30 - 9.45							8.45-9.15	9.30 - 9.45	GB	GB						9.30 - 9.45
9.45 - 10.00							9.15 - 9.45	9.45 - 10.00	Short Track	Short Track						9.45 - 10.00
10.00 - 10.15								9.45 - 10.00								9.45 - 10.00
10.15 - 10.30								10.00 - 10.15								10.00 - 10.15
10.30 - 10.45								10.15 - 10.30								10.15 - 10.30
10.45 - 11.00								10.30 - 10.45								10.30 - 10.45
11.00 - 11.15	Practice Ice	Adult Socialice	GB Short Track	Adult Socialice	Practice Ice	Public Skating	Parent & Toddler	11.00 - 11.15								11.00 - 11.15
11.15 - 11.30	2S*	Public Skating	10.00-11.45	Public Skating	2S*	10.00 - 12.00	10.00 - 10.45	11.15 - 11.30								11.15 - 11.30
11.30 - 11.45	11.00-12.00				11.00-12.00	(1 - 1's)	10.00 - 11.30	11.30 - 11.45								11.30 - 11.45
11.45 - 12.00	SKUK8+				SKUK8+			11.45 - 12.00								11.45 - 12.00
12.00 - 12.15	Practice Ice	Practice Ice	Practice Ice	Sneinton	Practice Ice			12.00 - 12.15								12.00 - 12.15
12.15 - 12.30	2S*	2S*	2S*	Primary	2S*			12.15 - 12.30								12.15 - 12.30
12.30 - 12.45	12.00 - 1.00	12.00 - 1.00	12.00 - 1.00	12.00 - 1.00	12.00 - 1.00			12.30 - 12.45								12.30 - 12.45
12.45 - 1.00	SKUK8+	SKUK8+	SKUK8+	MB	SKUK8+			12.45 - 1.00								12.45 - 1.00
1.00 - 1.15								1.00 - 1.15								1.00 - 1.15
1.15 - 1.30	Parent & Toddler	Parent & Toddler			Parent & Toddler			1.15 - 1.30								1.15 - 1.30
1.30 - 1.45	1.15 - 1.45	1.15 - 1.45			1.15 - 1.45			1.15 - 1.30								1.15 - 1.30
1.45 - 2.00	Public Skating	Public Skating	Public Skating	Public Skating	Public Skating			1.30 - 1.45								1.30 - 1.45
2.00 - 2.15	1.15 - 2.45	1.15 - 2.45	1.15 - 2.45	1.15 - 2.45	1.15 - 2.45			1.45 - 2.00								1.45 - 2.00
2.15 - 2.30								2.00 - 2.15								2.00 - 2.15
2.30 - 2.45								2.15 - 2.30								2.15 - 2.30
2.45 - 3.00								2.30 - 2.45								2.30 - 2.45
3.00 - 3.15								2.45 - 3.00								2.45 - 3.00
3.15 - 3.30								3.00 - 3.15								3.00 - 3.15
3.30 - 3.45								3.15 - 3.30								3.15 - 3.30
3.45 - 4.00	Practice Ice	Practice Ice	Practice Ice	Practice Ice	Practice Ice			3.30 - 3.45								3.30 - 3.45
4.00 - 4.15	2S*	2S*	2S*	2S*	2S*			3.45 - 4.00								3.45 - 4.00
4.15 - 4.30	3.45-4.45	3.45-4.45	3.45-4.45	3.30-4.30	3.45-4.45			4.00 - 4.15								4.00 - 4.15
4.30 - 4.45	SKUK8+	SKUK8+	SKUK8+	SKUK8+	SKUK8+			4.15 - 4.30								4.15 - 4.30
4.45 - 5.00								4.30 - 4.45								4.30 - 4.45
4.45 - 5.00	Ice	Practice Ice	RC/LF/WC	Practice Ice	Ice			4.45 - 5.00								4.45 - 5.00
5.00 - 5.15	Dance Class	2S*	Group 4	2S*	Dance Class			4.45 - 5.00								4.45 - 5.00
5.15 - 5.30	4.45-5.45	4.45-5.45	4.10 - 5.00	4.30-5.30	4.45-5.45			5.00 - 5.15								5.00 - 5.15
5.30 - 5.45	SY/WC	SKUK8+	JS/JI/RC/GV	SKUK8+	SY/KB			5.15 - 5.30								5.15 - 5.30
5.45 - 6.00			Group 2A & 3					5.30 - 5.45								5.30 - 5.45
6.00 - 6.15			5.00-5.45					5.45 - 6.00								5.45 - 6.00
6.00 - 6.15	EIHA		Skate UK/Jnr. Acad	Child S8UK Star	Junior			6.00 - 6.15								6.00 - 6.15
6.15 - 6.30	Learn to Play		5.45-6.15SY/RC/WC/CP	5.45-6.15	Hockey			6.15 - 6.30								6.15 - 6.30
6.30 - 6.45	Hockey		Skate UK/Jnr. Acad	Skate UK	U11's			6.30 - 6.45								6.30 - 6.45
6.45 - 7.00	6.00 - 7.00		6.15-6.45	6.15 - 6.45	6.00 - 7.15			6.45 - 7.00								6.45 - 7.00
7.00 - 7.15			Skate UK	Skate UK	CW/RR			7.00 - 7.15								7.00 - 7.15
7.15 - 7.30			6.45 - 7.15	6.45 - 7.15				7.15 - 7.30								7.15 - 7.30
7.30 - 7.45	Skate UK							7.30 - 7.45								7.30 - 7.45
7.45 - 8.00	7.30-8.00							7.45 - 8.00								7.45 - 8.00
8.00 - 8.15	Portable Barrier		Adult Learn	Skate UK				8.00 - 8.15								8.00 - 8.15
8.15 - 8.30	Public Skating		to Play Ice Hockey	7.30-8.00				8.15 - 8.30								8.15 - 8.30
8.30 - 8.45	7.30 - 9.30		Portable Barrier					8.30 - 8.45								8.30 - 8.45
8.45 - 9.00			Public Skating					8.45 - 9.00								8.45 - 9.00
9.00 - 9.15			7.30 - 9.30					9.00 - 9.15								9.00 - 9.15
9.15 - 9.30			Scrimmage /Barrier					9.15 - 9.30								9.15 - 9.30
9.30 - 9.45			8.30-9.30					9.30 - 9.45								9.30 - 9.45
9.45 - 10.00								9.45 - 10.00								9.45 - 10.00
10.00 - 10.15								10.00 - 10.15								10.00 - 10.15
10.15 - 10.30	North Stars							10.15 - 10.30								10.15 - 10.30
10.30 - 10.45	10.00-11.00							10.30 - 10.45								10.30 - 10.45
10.45 - 11.00								10.45 - 11.00								10.45 - 11.00
11.00 - 11.15								11.00 - 11.15								11.00 - 11.15
11.15 - 11.30								11.15 - 11.30								11.15 - 11.30
11.30 - 11.45								11.30 - 11.45								11.30 - 11.45
11.45 - 12.00								11.45 - 12.00								11.45 - 12.00

OLYMPIC	Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7	Saturday 8	Sunday 9	ARENA	Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7	Saturday 8	Sunday 9	ARENA
5.00 - 5.15	Practice Ice (Lessons Only) 5.00 - 6.00	Practice Ice (Lessons Only) 5.00 - 5.50	Practice Ice (Lessonse Only) 5.00 - 5.50	Practice Ice (Lessons Only) 5.00 - 6.00	Practice Ice (Lessons Only) 5.00 - 5.45			5.00 - 5.15								5.00 - 5.15
5.15 - 5.30								5.15 - 5.30								5.15 - 5.30
5.30 - 5.45								5.30 - 5.45								5.30 - 5.45
5.45 - 6.00								5.45 - 6.00								5.45 - 6.00
6.00 - 6.15								6.00 - 6.15								6.00 - 6.15
6.15 - 6.30	Group 4 6.00 - 7.00 RC/TG/JS	Group 3 5.50 - 6.50 JI/TG	Group 2B 5.50 - 6.50 TG/RC/LF	Group 4 6.00 - 7.00 RC/TG/LF	Group 3 5.50 - 6.50 JI/TG	Practice Ice NISA Level 1+ 6.00-7.00	Practice Ice Lessons Only 6.00 - 7.00 Max 15	6.15 - 6.30	Practice Ice NISA Level 1+ 6.00 - 7.00 Max 15	Practice Ice NISA Level 1+ 6.00 - 7.00 Max 15	Practice Ice NISA Level 1+ 6.00 - 7.00 Max 15	Group 2A 6.00 - 7.00 JI/GV	Practice Ice NISA Level 1+ 6.00 - 7.00 Max 15 SY	TG/RC/LF Group 2B 6.00 - 6.55	Notts Synchro Academy 6.00-8.00	6.15 - 6.30
6.30 - 6.45								6.30 - 6.45								6.30 - 6.45
6.45 - 7.00								6.45 - 7.00								6.45 - 7.00
7.00 - 7.15								7.00 - 7.15								7.00 - 7.15
7.15 - 7.30	Group 3 7.00 - 8.00 JS/JI/TG/GV	Group 2A 7.00 - 8.00 JI/TG/GV	Group 2A 7.00 - 8.00 JI/TG/GV	Group 2B 7.00 - 8.00 TG/RC/LF	Group 2A 7.00 - 8.00 JI/GV	Practice Ice 2S* 7.00-8.00 SKUK8+	Practice Ice Lessons Only 7.00 - 8.00 Max 15	7.15 - 7.30	Practice Ice NISA Level 1+ 7.00 - 8.00 Max 15	Practice Ice NISA Level 1+ 7.00 - 8.00 Max 15	Practice Ice NISA Level 1+ 7.00 - 8.00 Max 15 SY	Group 3 7.00 - 8.00 JI/GV	Practice Ice NISA Level 1+ 7.00 - 8.00 Max 15 SY	JI/TG/RC Group 3 6.55 - 7.50		7.15 - 7.30
7.30 - 7.45								7.30 - 7.45								7.30 - 7.45
7.45 - 8.00								7.45 - 8.00								7.45 - 8.00
8.00 - 8.15	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	8.00 - 8.15	Practice Ice 2S* 8.00-9.00 SKUK8+	Practice Ice 2S* 8.00-9.00 SKUK8+	Practice Ice 2S* 8.00-9.00 SKUK8+	Practice Ice 2S* 8.00-9.00 SKUK8+	Practice Ice 2S* 8.00-9.00 SKUK8+	RC/TG/LF Group 4 8.00 - 9.00		8.00 - 8.15
8.15 - 8.30								8.15 - 8.30								8.15 - 8.30
8.30 - 8.45								8.30 - 8.45								8.30 - 8.45
8.45 - 9.00	Group 1 8.40 - 9.50 JS/GV	Group 1 8.40 - 9.45 JI/GV	Group 1 8.40 - 9.50 GV	Group 1 8.40 - 9.45 JI/GV	Group 1 8.40 - 9.50 JI/GV	Skate UK 8.45 - 9.15	Skate UK 8.45-9.15	8.45 - 9.00	Skate UK 9.15 - 9.30	Skate UK 9.15 - 9.45	Skate UK 9.15 - 9.45	Skate UK 9.15 - 9.45	Skate UK 9.15 - 9.45	Skate UK 9.15 - 9.45		8.45 - 9.00
9.00 - 9.15								9.00 - 9.15								9.00 - 9.15
9.15 - 9.30								9.15 - 9.30								9.15 - 9.30
9.30 - 9.45								9.30 - 9.45								9.30 - 9.45
9.45 - 10.00								9.45 - 10.00								9.45 - 10.00
10.00 - 10.15								10.00 - 10.15								10.00 - 10.15
10.15 - 10.30								10.15 - 10.30								10.15 - 10.30
10.30 - 10.45								10.30 - 10.45								10.30 - 10.45
10.45 - 11.00								10.45 - 11.00								10.45 - 11.00
11.00 - 11.15	Practice Ice 2S* 11.00-12.00 SKUK8+	10.00-11.45	Practice Ice 2S* 11.00-12.00 SKUK8+	Adult Socialice Public Skating 10.00 - 11.30	Practice Ice 2S* 11.00-12.00 SKUK8+	Public Skating 10.00 - 12.00	Public Skating 10.00 - 12.00	11.00 - 11.15								11.00 - 11.15
11.15 - 11.30								11.15 - 11.30								11.15 - 11.30
11.30 - 11.45								11.30 - 11.45								11.30 - 11.45
11.45 - 12.00								11.45 - 12.00								11.45 - 12.00
12.00 - 12.15	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Practice Ice 2S* 12.00 - 1.00 SKUK8+			12.00 - 12.15								12.00 - 12.15
12.15 - 12.30								12.15 - 12.30								12.15 - 12.30
12.30 - 12.45								12.30 - 12.45								12.30 - 12.45
12.45 - 1.00								12.45 - 1.00								12.45 - 1.00
1.00 - 1.15								1.00 - 1.15								1.00 - 1.15
1.15 - 1.30	Parent & Toddler 1.15 - 1.45	Parent & Toddler 1.15 - 1.45			Parent & Toddler 1.15 - 1.45			1.15 - 1.30								1.15 - 1.30
1.30 - 1.45								1.30 - 1.45								1.30 - 1.45
1.45 - 2.00	Public Skating 1.15 - 2.45	Public Skating 1.15 - 2.45	Public Skating 1.15 - 2.45	Public Skating 1.15 - 2.45	Public Skating 1.15 - 2.45			1.45 - 2.00								1.45 - 2.00
2.00 - 2.15								2.00 - 2.15								2.00 - 2.15
2.15 - 2.30								2.15 - 2.30								2.15 - 2.30
2.30 - 2.45								2.30 - 2.45								2.30 - 2.45
2.45 - 3.00								2.45 - 3.00								2.45 - 3.00
3.00 - 3.15								3.00 - 3.15								3.00 - 3.15
3.15 - 3.30		Group 1 3.00-4.00 JI/GV						3.15 - 3.30								3.15 - 3.30
3.30 - 3.45								3.30 - 3.45								3.30 - 3.45
3.45 - 4.00	Practice Ice 2S* 3.45-4.45 SKUK8+		Practice Ice 2S* 3.30-4.30 SKUK8+	Practice Ice 2S* 3.30-4.30 SKUK8+	Practice Ice 2S* 3.45-4.45 SKUK8+			3.45 - 4.00								3.45 - 4.00
4.00 - 4.15								4.00 - 4.15								4.00 - 4.15
4.15 - 4.30								4.15 - 4.30								4.15 - 4.30
4.30 - 4.45								4.30 - 4.45								4.30 - 4.45
4.45 - 5.00								4.45 - 5.00								4.45 - 5.00
5.00 - 5.15	Ice Dance Class 4.45-5.45 SY/WC	TG/JI/GV Group 2B/3 5.00 - 6.00	Practice Ice 2S* 4.30-5.30 SKUK8+	Practice Ice 2S* 4.30-5.30 SKUK8+	Ice Dance Class 4.45-5.45 WC			5.00 - 5.15								5.00 - 5.15
5.15 - 5.30								5.15 - 5.30								5.15 - 5.30
5.30 - 5.45								5.30 - 5.45								5.30 - 5.45
5.45 - 6.00								5.45 - 6.00								5.45 - 6.00
6.00 - 6.15	EIHA Learn to Play Hockey 6.00 - 7.00	Jun. Hockey U13's 6.15 - 7.30 RR/ES	Skate UK/Jnr. Acad 5.45-6.15SY/RC/TG/WC	Child S8UK Star 5.45-6.15	Junior Hockey U11's 6.00 - 7.15 CW			6.00 - 6.15								6.00 - 6.15
6.15 - 6.30			Skate UK/Jnr. Acad 6.15-6.45	Skate UK 6.15 - 6.45				6.15 - 6.30								6.15 - 6.30
6.30 - 6.45								6.30 - 6.45								6.30 - 6.45
6.45 - 7.00								6.45 - 7.00								6.45 - 7.00
7.00 - 7.15								7.00 - 7.15								7.00 - 7.15
7.15 - 7.30								7.15 - 7.30								7.15 - 7.30
7.30 - 7.45	Skate UK 7.30-8.00		Adult Learn to Play Ice Hockey Portable Barrier Public Skating 7.30 - 9.30	Skate UK 7.30-8.00				7.30 - 7.45								7.30 - 7.45
7.45 - 8.00								7.45 - 8.00								7.45 - 8.00
8.00 - 8.15	Portable Barrier Public Skating 7.30 - 9.30	Jun. Hockey U 15's 7.45 - 9.00 RR/ES						8.00 - 8.15								8.00 - 8.15
8.15 - 8.30								8.15 - 8.30								8.15 - 8.30
8.30 - 8.45								8.30 - 8.45								8.30 - 8.45
8.45 - 9.00								8.45 - 9.00								8.45 - 9.00
9.00 - 9.15								9.00 - 9.15								9.00 - 9.15
9.15 - 9.30								9.15 - 9.30								9.15 - 9.30
9.30 - 9.45		Jun. Hockey U 20's 9.15 - 10.30 RR/ES	Scrimmage /Barrier 8.30-9.30					9.30 - 9.45								9.30 - 9.45
9.45 - 10.00								9.45 - 10.00								9.45 - 10.00
10.00 - 10.15								10.00 - 10.15								10.00 - 10.15
10.15 - 10.30	North Stars 10.00-11.00		Nottingham Outlaws 10.00 - 11.00	Nottingham Lions Trials 10.00 - 11.15	Lions Academy 10.00-11.00	Nottingham Sheriffs 10.00 - 11.00	Nottingham Sheriffs 10.00 - 11.00	10.15 - 10.30								10.15 - 10.30
10.30 - 10.45								10.30 - 10.45								10.30 - 10.45
10.45 - 11.00								10.45 - 11.00								10.45 - 11.00
11.00 - 11.15								11.00 - 11.15								11.00 - 11.15
11.15 - 11.30								11.15 - 11.30								11.15 - 11.30
11.30 - 11.45								11.30 - 11.45								11.30 - 11.45
11.45 - 12.00								11.45 - 12.00								11.45 - 12.00

OLYMPIC	Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21	Saturday 22	Sunday 23	ARENA	Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21	Saturday 22	Sunday 23	ARENA	
5.00 - 5.15	Practice Ice (Lessons Only) 5.00 - 6.00	Practice Ice (Lessons Only) 5.00 - 5.50	Practice Ice (Lessonse Only) 5.00 - 5.50	Practice Ice (Lessons Only) 5.00 - 6.00	Practice Ice (Lessons Only) 5.00 - 5.45			5.00 - 5.15	Dance Only	Dance Only	Dance Only	Dance Only				5.00 - 5.15	
5.15 - 5.30								5.15 - 5.30									
5.30 - 5.45								5.30 - 5.45									
5.45 - 6.00								5.45 - 6.00									
6.00 - 6.15	Group 4 6.00 - 7.00	Group 3 5.50 - 6.50	Group 2B 5.50 - 6.50	Group 4 6.00 - 7.00	Group 3 5.50 - 6.50	Notts Synchro Academy 6.00-8.30	Practice Ice Lessons Only 6.00 - 7.00 Max 15	6.00 - 6.15	Practice Ice NISA Level 1+ 6.00 - 7.00 Max 15	Practice Ice NISA Level 1+ 6.00 - 7.00 Max 15	Practice Ice NISA Level 1+ 6.00 - 7.00 Max 15	Group 2A 6.00 - 7.00	Practice Ice NISA Level 1+ 6.00 - 7.00 Max 15 SY	Group 2B 6.00 - 6.55	Notts Synchro Academy 6.00-8.15	6.00 - 6.15	
6.15 - 6.30								6.15 - 6.30									
6.30 - 6.45								6.30 - 6.45									
6.45 - 7.00								6.45 - 7.00									
7.00 - 7.15	Group 3 7.00 - 8.00	Group 2A 7.00 - 8.00	Group 2A 7.00 - 8.00	Group 2B 7.00 - 8.00	Group 2A 7.00 - 8.00		Practice Ice Lessons Only 7.00 - 8.00 Max 15	7.00 - 7.15	Practice Ice NISA Level 1+ 7.00 - 8.00 Max 15	Practice Ice NISA Level 1+ 7.00 - 8.00 Max 15 SY	Practice Ice NISA Level 1+ 7.00 - 8.00 Max 15 SY	Group 3 7.00 - 8.00	Practice Ice NISA Level 1+ 7.00 - 8.00 Max 15 SY	Group 3 6.55 - 7.50		7.00 - 7.15	
7.15 - 7.30								7.15 - 7.30									
7.30 - 7.45								7.30 - 7.45									
7.45 - 8.00								7.45 - 8.00									
8.00 - 8.15	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30			8.00 - 8.15	Practice Ice 2S* 8.00-9.00 SKUK8+	Practice Ice 2S* 8.00-9.00 SKUK8+	Practice Ice 2S* 8.00-9.00 SKUK8+	Practice Ice 2S* 8.00-9.00 SKUK8+	Practice Ice 2S* 8.00-9.00 SKUK8+	Group 4 8.00 - 9.00		8.00 - 8.15	
8.15 - 8.30								8.15 - 8.30									
8.30 - 8.45								8.30 - 8.45									
8.45 - 9.00								8.45 - 9.00									
9.00 - 9.15	Group 1 8.40 - 9.50	Group 1 8.40 - 9.45	Group 1 8.40 - 9.50	Group 1 8.40 - 9.45	Group 1 8.40 - 9.50	Skate UK 8.45 - 9.15	Skate UK/Jnr. Acad 8.45-9.15	9.00 - 9.15	Skate UK 9.15 - 9.45						NSSA 8.30-10.30	9.00 - 9.15	
9.15 - 9.30								9.15 - 9.30									
9.30 - 9.45								9.30 - 9.45									
9.45 - 10.00								9.45 - 10.00									
10.00 - 10.15		Adult Socialice Public Skating 10.00 - 11.30		Adult Socialice Public Skating 10.00 - 11.30		Public Skating 10.00 - 12.00	Parent & Toddler 10.00 - 10.45	10.00 - 10.15	Public Skating 10.00 - 12.00					Group 2A 9.10-10.00		10.00 - 10.15	
10.15 - 10.30								10.15 - 10.30									
10.30 - 10.45								10.30 - 10.45									
10.45 - 11.00								10.45 - 11.00									
11.00 - 11.15	Practice Ice 2S* 11.00-12.00 SKUK8+	Practice Ice 2S* 11.00-12.00 SKUK8+	Practice Ice 2S* 11.00-12.00 SKUK8+	Practice Ice 2S* 11.00-12.00 SKUK8+	Practice Ice 2S* 11.00-12.00 SKUK8+		(Families)	11.00 - 11.15	Practice Ice 2S* 11.15-12.15 SKUK8+					Field Moves 11.00-12.00 L1 - L4	NSSA 10.45-12.00	11.00 - 11.15	
11.15 - 11.30								11.15 - 11.30									
11.30 - 11.45								11.30 - 11.45									
11.45 - 12.00								11.45 - 12.00									
12.00 - 12.15	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Speed Club 12.30 - 1.30	SkateUK 12.30-1.00	12.00 - 12.15	Practice Ice 2S* 12.30-1.30 SKUK8+					Clarke & Co 12.15-1.45	Clarke & Co 12.15-1.45	12.00 - 12.15	
12.15 - 12.30								12.15 - 12.30									
12.30 - 12.45								12.30 - 12.45									
12.45 - 1.00								12.45 - 1.00									
1.00 - 1.15	Parent & Toddler 1.15 - 1.45	Parent & Toddler 1.15 - 1.45			Parent & Toddler 1.15 - 1.45	Notts Synchro Academy 1.30 - 2.15	Notts Synchro Academy 1.30 - 2.15	1.00 - 1.15	Practice Ice 2S* 1.30-2.30 SKUK8+	Practice Ice 2S* 1.30-2.30 SKUK8+	Practice Ice 2S* 1.30 - 2.30 SKUK8+	Practice Ice 2S* 1.30 - 2.30 SKUK8+	Practice Ice 2S* 1.30 - 2.30 SKUK8+	Skills & Drills	Skills & Drills	1.00 - 1.15	
1.15 - 1.30								1.15 - 1.30									
1.30 - 1.45								1.30 - 1.45									
1.45 - 2.00								1.45 - 2.00									
2.00 - 2.15	Public Skating 1.15 - 2.45	Public Skating 1.15 - 2.45	Public Skating 1.15 - 2.45	Public Skating 1.15 - 2.45	Public Skating 1.15 - 2.45			2.00 - 2.15	Practice Ice 2S* 2.30-3.30 SKUK8+	Practice Ice 2S* 2.30-3.30 SKUK8+	Practice Ice 2S* 2.30-3.30 SKUK8+	Practice Ice 2S* 2.30 - 3.30 SKUK8+		Notts Synchro Academy 2.15-4.45	Notts Synchro Academy 2.15-4.00	2.00 - 2.15	
2.15 - 2.30								2.15 - 2.30									
2.30 - 2.45								2.30 - 2.45									
2.45 - 3.00								2.45 - 3.00									
3.00 - 3.15	Practice Ice 2S* 3.45-4.45 SKUK8+	Practice Ice 2S* 4.00-5.00 SKUK8+	Practice Ice 2S* 3.30-4.30 SKUK8+	Practice Ice 2S* 3.30-4.30 SKUK8+	Practice Ice 2S* 3.45-4.45 SKUK8+	Public Skating 2.30 - 5.00	Public Skating 2.30 - 5.00	3.00 - 3.15	Group 1 2.40-3.55	Group 1 2.40 - 3.55	Practice Ice 2S* 2.30-3.30 SKUK8+	Group 1 2.40 - 3.55	Group 1 2.40 - 3.55	2.15-4.45	2.15-4.00	3.00 - 3.15	
3.15 - 3.30								3.15 - 3.30									
3.30 - 3.45								3.30 - 3.45									
3.45 - 4.00								3.45 - 4.00									
4.00 - 4.15	Ice Dance Class 4.45-5.45	Practice Ice 2S* 5.00-6.00 SKUK8+	Practice Ice 2S* 4.30-5.30 SKUK8+	Practice Ice 2S* 4.30-5.30 SKUK8+	Ice Dance Class 4.45-5.45			4.00 - 4.15	Group 2 A 4.10 - 5.00	Group 2 A 4.10 - 5.10	Group 4 4.10 - 5.10	Group 2 A 4.10 - 5.00	Group 2 A 4.10 - 5.10		GB Para Ice Hockey 4.30-6.30		4.00 - 4.15
4.15 - 4.30								4.15 - 4.30									
4.30 - 4.45								4.30 - 4.45									
4.45 - 5.00								4.45 - 5.00									
5.00 - 5.15	EIHA Learn to Play Hockey 6.00 - 7.00	Jun. Hockey U13's 6.15 - 7.30 RR/ES	Skate UK/Jnr. Acad 5.45-6.15	Child S8UK Star 5.45-6.15	Junior Hockey U11's 6.00 - 7.15 ES/JG	Notts Synchro Academy 5.30-7.00	Clarke & Co. Skills & Drills 5.30-6.30	5.00 - 5.15	Practice Ice 2S* 6.15-7.15 SKUK8+	Adult Figure Skating Class SS/JB 7.15-8.15				Clarke & Co. Skills & Drills 5.30-6.30	4.30-6.30	5.00 - 5.15	
5.15 - 5.30								5.15 - 5.30									
5.30 - 5.45								5.30 - 5.45									
5.45 - 6.00								5.45 - 6.00									
6.00 - 6.15	Portable Barrier Public Skating 7.30 - 9.30	Jun. Hockey U 15's 7.45 - 9.00 RR/ES	Skate UK/Jnr. Acad 6.15-6.45	Skate UK 6.15 - 6.45	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Notts Synchro Academy 6.15 - 6.30	6.00 - 6.15	Notts Synchro Academy 7.15-8.45				Notts Synchro Academy 6.15 - 8.45	Speed Club 7.45 - 8.45	GB Para Ice Hockey 7.00-9.00	6.00 - 6.15	
6.15 - 6.30								6.15 - 6.30									
6.30 - 6.45								6.30 - 6.45									
6.45 - 7.00								6.45 - 7.00									
7.00 - 7.15	Scrimmage /Barrier 8.30-9.30	Jun. Hockey U 20's 9.15 - 10.30 RR/ES	Adult Learn to Play Ice Hockey Portable Barrier Public Skating 7.30 - 9.30	Skate UK 7.30-8.00	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Notts Synchro Academy 7.30-7.00	7.00 - 7.15	Notts Synchro Academy 9.00-10.00				Notts Synchro Academy 9.00 - 10.30	ES Adult Scrimmage 9.00 - 10.00		7.00 - 7.15	
7.15 - 7.30								7.15 - 7.30									
7.30 - 7.45								7.30 - 7.45									
7.45 - 8.00								7.45 - 8.00									
8.00 - 8.15	North Stars 10.00-11.00		Nottingham Outlaws 10.00 - 11.00	Nottingham Lions Trials 10.00 - 11.15	Lions Academy 10.00-11.00	Nottingham Sheriffs 10.00 - 11.00	Nottingham Knights 10.00-11.00	8.00 - 8.15	Nottingham Phantoms 10.00-11.00							8.00 - 8.15	
8.15 - 8.30								8.15 - 8.30									
8.30 - 8.45								8.30 - 8.45									
8.45 - 9.00								8.45 - 9.00									
9.00 - 9.15								9.00 - 9.15								9.00 - 9.15	
9.15 - 9.30								9.15 - 9.30									
9.30 - 9.45								9.30 - 9.45									
9.45 - 10.00								9.45 - 10.00									
10.00 - 10.15								10.00 - 10.15									10.00 - 10.15
10.15 - 10.30								10.15 - 10.30									
10.30 - 10.45								10.30 - 10.45									
10.45 - 11.00								10.45 - 11.00									
11.00 - 11.15								11.00 - 11.15									11.00 - 11.15
11.15 - 11.30								11.15 - 11.30									
11.30 - 11.45								11.30 - 11.45									
11.45 - 12.00								11.45 - 12.00									

OLYMPIC	Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28	Saturday 29	Sunday 30	ARENA	Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28	Saturday 29	Sunday 30	ARENA								
5.00 - 5.15	Practice Ice (Lessons Only) 5.00 - 6.00	CLOSED ESSENTIAL MAINTENANCE 5.00-12.00	Practice Ice (Lessonse Only) 5.00 - 5.50	Practice Ice (Lessons Only) 5.00 - 6.00	Practice Ice (Lessons Only) 5.00 - 5.45			5.00 - 5.15	Group 2A 6.00-7.00	CLOSED ESSENTIAL MAINTENANCE 5.00-12.00	Dance Only Practice Ice NISA Level 1+ 6.00 - 7.00 Max 15	Dance Only Practice Ice NISA Level 1+ 6.00 - 7.00 Max 15 SY				5.15 - 5.30								
5.15 - 5.30								5.15 - 5.30																
5.30 - 5.45	Group 4 6.00 - 7.00		Group 2B 5.50 - 6.50	Group 4 6.00 - 7.00	Group 3 5.50 - 6.50			Practice Ice NISA Level 1+ 6.00-7.00			Practice Ice Lessons Only 6.00 - 7.00 Max 15	Practice Ice Lessons Only 7.00 - 8.00 Max 15				5.30 - 5.45	Practice Ice NISA Level 1+ 7.00 - 8.00 Max 15	Practice Ice NISA Level 1+ 7.00 - 8.00 Max 15 SY	Practice Ice NISA Level 1+ 6.00 - 7.00 Max 15	Practice Ice NISA Level 1+ 7.00 - 8.00 Max 15 SY	Group 2B 6.00 - 6.55	Notts Synchro Academy 6.00-8.15		5.45 - 6.00
5.45 - 6.00																5.45 - 6.00								
6.00 - 6.15	Group 3 7.00 - 8.00		Group 2A 7.00 - 8.00	Group 2B 7.00 - 8.00	Group 2A 7.00 - 8.00			Practice Ice 2S* 7.00-8.00 SKUK8+			Practice Ice Lessons Only 7.00 - 8.00 Max 15	Practice Ice Lessons Only 7.00 - 8.00 Max 15				6.00 - 6.15	Practice Ice 2S* 8.00-9.00 SKUK8+	Practice Ice 2S* 8.00-9.00 SKUK8+	Practice Ice 2S* 8.00-9.00 SKUK8+	Practice Ice 2S* 8.00-9.00 SKUK8+	Group 3 6.55 - 7.50			6.15 - 6.30
6.15 - 6.30																6.15 - 6.30								
6.30 - 6.45	Lessons Only 8.00 - 8.30		Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30			Lessons Only 8.00 - 8.30			Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30				6.30 - 6.45	Practice Ice 2S* 8.00-9.00 SKUK8+	Practice Ice 2S* 8.00-9.00 SKUK8+	Practice Ice 2S* 8.00-9.00 SKUK8+	Practice Ice 2S* 8.00-9.00 SKUK8+	Group 4 8.00 - 9.00			6.45 - 7.00
6.45 - 7.00																6.45 - 7.00								
7.00 - 7.15	Group 1 8.40 - 9.50		Group 1 8.40 - 9.50	Group 1 8.40 - 9.45	Group 1 8.40 - 9.50			Group 1 8.40 - 9.50			Skate UK 8.45 - 9.15	Skate UK 8.45-9.15				7.00 - 7.15	Skate UK 9.15 - 9.30	Skate UK 9.15 - 9.30	Skate UK 9.15 - 9.30	Skate UK 9.15 - 9.30	Group 2A 9.10-10.00			7.15 - 7.30
7.15 - 7.30																7.15 - 7.30								
7.30 - 7.45	South Notts Academy MB 10.30-11.45	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Public Skating 10.30-12.30	Public Skating 10.30-12.30	Public Skating 10.30-12.30	Public Skating 10.30-12.30	7.30 - 7.45	Public Skating 10.00 - 12.00	Public Skating 10.00 - 12.00	Public Skating 10.00 - 12.00	Public Skating 10.00 - 12.00	Group 1 10.10-11.00	Field Moves 11.00-12.00 L1 - L4		7.45 - 8.00								
7.45 - 8.00								7.45 - 8.00																
8.00 - 8.15	Parent & Toddler 1.15 - 1.45 Public Skating 1.15 - 2.45	Parent & Toddler 1.15 - 1.45 Public Skating 1.15 - 2.45	Public Skating 1.15 - 3.45	Public Skating 1.15 - 3.45	Public Skating 1.15 - 3.45	Public Skating 1.15 - 3.45	Public Skating 1.15 - 3.45	8.00 - 8.15	Notts Synchro Academy 1.30 - 2.15	Notts Synchro Academy 1.30 - 2.15	Notts Synchro Academy 1.30 - 2.15	Notts Synchro Academy 1.30 - 2.15	Group 1 2.40-3.55			8.15 - 8.30								
8.15 - 8.30								8.15 - 8.30																
8.30 - 8.45	Practice Ice 2S* 12.10 - 1.05	GB Short Track Academy 3.15-4.45	GB Short Track Academy 4.15-5.30	Practice Ice 2S* 4.15-5.30 SKUK8+	Practice Ice 2S* 4.15-4.45 Ice Dance Class 4.45-5.45	Practice Ice 2S* 4.15-4.45 Ice Dance Class 4.45-5.45	Practice Ice 2S* 4.15-4.45 Ice Dance Class 4.45-5.45	8.30 - 8.45	Public Skating 2.30 - 5.00	Public Skating 2.30 - 5.00	Public Skating 2.30 - 5.00	Public Skating 2.30 - 5.00	Group 2 A 4.10 - 5.00	Group 2 A 4.10 - 5.10	Group 4 4.10 - 5.10	Group 2 A 4.10 - 5.10	8.45 - 9.00							
8.45 - 9.00								8.45 - 9.00																
9.00 - 9.15	Ice Dance Class 4.45-5.45	Practice Ice 2S* 5.00-6.00 SKUK8+	Skate UK/Jnr. Acad 5.45-6.15	Child S8UK Star 5.45-6.15	Junior Hockey U11's 6.00 - 7.15 CW/ES	Junior Hockey U11's 6.00 - 7.15 CW/ES	Junior Hockey U11's 6.00 - 7.15 CW/ES	9.00 - 9.15	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Group 3 5.00 - 6.00	Group 3 5.10 - 6.00	Group 2A 5.10-6.00	Group 2 B 5.20 - 6.20	9.15 - 9.30							
9.15 - 9.30								9.15 - 9.30																
9.30 - 9.45	EIHA Learn to Play Hockey 6.00 - 7.00	Jun. Hockey U 15's 6.15 - 7.30 ES/JG	Skate UK/Jnr. Acad 6.15-6.45	Skate UK 6.15 - 6.45	Skate UK 6.45 - 7.15	Skate UK 6.45 - 7.15	Skate UK 6.45 - 7.15	9.30 - 9.45	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Group 2B 6.10-7.10	Group 2B 6.10 - 7.00	Group 3 6.10-7.00	Notts Synchro Academy 6.15 - 8.45	9.45 - 10.00							
9.45 - 10.00								9.45 - 10.00																
10.00 - 10.15	Portable Barrier Public Skating 7.30 - 9.30	Jun. Hockey U 15's 7.45 - 9.00 ES/JG	Adult Learn to Play Ice Hockey Portable Barrier Public Skating 7.30 - 9.30	Skate UK 7.30-8.00	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	10.00 - 10.15	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	ESSENTIAL MAINTENANCE	Notts Synchro Academy 7.15-9.45	Notts Synchro Academy 7.15-8.15	Notts Synchro Academy 7.15-8.15	10.15 - 10.30							
10.15 - 10.30								10.15 - 10.30																
10.15 - 10.30	CLOSED ESSENTIAL MAINTENANCE	Jun. Hockey U 20's 9.15 - 10.30 ES/JG	Scrimmage /Barrier 8.30-9.30	Nottingham Outlaws 10.00 - 11.00	Nottingham Lions Trials 10.00 - 11.15	Lions Academy 10.00-11.00	Lions Academy 10.00-11.00	10.30 - 10.45	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	CLOSED ESSENTIAL MAINTENANCE	Nottingham Phantoms 10.00-11.00	North Stars 10.15-11.15	Notts Synchro Academy 9.00 - 10.30	10.45 - 11.00							
10.30 - 10.45								10.30 - 10.45																
10.45 - 11.00	CLOSED ESSENTIAL MAINTENANCE	Nottingham Outlaws 10.00 - 11.00	Nottingham Outlaws 10.00 - 11.00	Nottingham Outlaws 10.00 - 11.00	Nottingham Lions Trials 10.00 - 11.15	Lions Academy 10.00-11.00	Lions Academy 10.00-11.00	10.45 - 11.00	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	CLOSED ESSENTIAL MAINTENANCE	Nottingham Phantoms 10.00-11.00	North Stars 10.15-11.15	Notts Synchro Academy 9.00 - 10.30	11.00 - 10.15							
11.00 - 11.15								11.00 - 10.15																
11.00 - 11.15	CLOSED ESSENTIAL MAINTENANCE	Nottingham Outlaws 10.00 - 11.00	Nottingham Outlaws 10.00 - 11.00	Nottingham Outlaws 10.00 - 11.00	Nottingham Lions Trials 10.00 - 11.15	Lions Academy 10.00-11.00	Lions Academy 10.00-11.00	11.15 - 11.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	CLOSED ESSENTIAL MAINTENANCE	Nottingham Phantoms 10.00-11.00	North Stars 10.15-11.15	Notts Synchro Academy 9.00 - 10.30	11.30 - 10.45							
11.15 - 11.30								11.30 - 10.45																
11.30 - 11.45	CLOSED ESSENTIAL MAINTENANCE	Nottingham Outlaws 10.00 - 11.00	Nottingham Outlaws 10.00 - 11.00	Nottingham Outlaws 10.00 - 11.00	Nottingham Lions Trials 10.00 - 11.15	Lions Academy 10.00-11.00	Lions Academy 10.00-11.00	11.30 - 11.45	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	CLOSED ESSENTIAL MAINTENANCE	Nottingham Phantoms 10.00-11.00	North Stars 10.15-11.15	Notts Synchro Academy 9.00 - 10.30	11.45 - 12.00							
11.45 - 12.00								11.45 - 12.00																

OLYMPIC	Monday 31	Tuesday 1	Wednesday 2	Thursday 3	Friday 4	Saturday 5	Sunday 6	ARENA	Monday 31	Tuesday 1	Wednesday 2	Thursday 3	Friday 4	Saturday 5	Sunday 6	ARENA
5.00 - 5.15	Practice Ice (Lessons Only) 5.00 - 6.00	Practice Ice (Lessons Only) 5.00 - 5.50	Practice Ice (Lessons Only) 5.00 - 5.50	Practice Ice (Lessons Only) 5.00 - 6.00	Practice Ice (Lessons Only) 5.00 - 5.45			5.00 - 5.15								5.00 - 5.15
5.15 - 5.30								5.15 - 5.30								
5.30 - 5.45								5.30 - 5.45								
5.45 - 6.00								5.45 - 6.00								
6.00 - 6.15	Group 4 6.00 - 7.00	Group 3 5.50 - 6.50	Group 2B 5.50 - 6.50	Group 4 6.00 - 7.00	Group 3 5.50 - 6.50			6.00 - 6.15	Dance Only	Dance Only	Dance Only		Dance Only			6.00 - 6.15
6.15 - 6.30								6.15 - 6.30								
6.30 - 6.45								6.30 - 6.45								
6.45 - 7.00								6.45 - 7.00								
7.00 - 7.15	Group 3 7.00 - 8.00	Group 2A 7.00 - 8.00	Group 2A 7.00 - 8.00	Group 2B 7.00 - 8.00	Group 2A 7.00 - 8.00			7.00 - 7.15	Practice Ice NISA Level 1+ 6.00-7.00 Max 15 SY	Practice Ice NISA Level 1+ 6.00 - 7.00 Max 15	Practice Ice NISA Level 1+ 6.00 - 7.00 Max 15	Group 2A 6.00 - 7.00	Practice Ice NISA Level 1+ 6.00 - 7.00 Max 15 SY	Group 2B 6.00 - 6.55		7.00 - 7.15
7.15 - 7.30								7.15 - 7.30								
7.30 - 7.45								7.30 - 7.45								
7.45 - 8.00								7.45 - 8.00								
8.00 - 8.15	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30			8.00 - 8.15	Practice Ice NISA Level 1+ 7.00 - 8.00 Max 15	Practice Ice NISA Level 1+ 7.00 - 8.00 Max 15 SY	Practice Ice NISA Level 1+ 7.00 - 8.00 Max 15 SY	Group 3 7.00 - 8.00	Practice Ice NISA Level 1+ 7.00 - 8.00 Max 15 SY	Group 3 6.55 - 7.50		8.00 - 8.15
8.15 - 8.30								8.15 - 8.30								
8.30 - 8.45								8.30 - 8.45								
8.45 - 9.00								8.45 - 9.00								
9.00 - 9.15	Group 1 8.40 - 9.50	Group 1 8.40 - 9.45	Group 1 8.40 - 9.50	Group 1 8.40 - 9.45	Group 1 8.40 - 9.45			9.00 - 9.15	Clarke & Co Pro-Camp 8.15-9.45	Clarke & Co Pro-Camp 8.15-9.45	Clarke & Co Pro-Camp 8.15-9.45	Clarke & Co Pro-Camp 8.15-9.45	Clarke & Co Pro-Camp 8.15-9.45			9.00 - 9.15
9.15 - 9.30								9.15 - 9.30								
9.30 - 9.45								9.30 - 9.45								
9.45 - 10.00								9.45 - 10.00								
10.00 - 10.15	Public Session 10.30-12.30	Parent & Toddler Session 10.30-11.15 Public Session 10.30-12.30	Public Session 10.30-12.30	Public Session 10.30-12.30	Parent & Toddler Session 10.30-11.15 Public Session 10.30-12.30			10.00 - 10.15	Practice Ice 2S* 10.15-11.15 SKUK8+	Practice Ice 2S* 11.15-12.15 SKUK8+	Practice Ice 2S* 11.15-12.15 SKUK8+	Skate UK Intensive 11.15-12.15	Skate UK Intensive 11.15-12.15	Skate UK Intensive 11.15-12.15	Practice Ice 2S* 11.15-12.15 SKUK8+	10.00 - 10.15
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12.45 - 1.00								12.45 - 1.00								
1.00 - 1.15	Public Skating 1.15 - 3.45	Public Skating 1.15 - 3.45	Public Skating 1.15 - 3.45	Public Skating 1.15 - 3.45	Public Skating 1.15 - 3.45			1.00 - 1.15	Clarke & Co Pro-Camp 1.30-2.30	Clarke & Co Pro-Camp 1.30-2.30	Clarke & Co Pro-Camp 1.30-2.30	Clarke & Co Pro-Camp 1.30-2.30	Clarke & Co Pro-Camp 1.30-2.30			1.00 - 1.15
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4.00 - 4.15	Lessons Only 4.15-4.45	SKUK8+ Practice Ice 2S* 4.15-5.45 SKUK8+	SKUK8+ Practice Ice 2S* 4.15-5.30 SKUK8+	SKUK8+ Practice Ice 2S* 4.15-5.30 SKUK8+	Lessons Only 4.15-4.45			4.00 - 4.15	Group 2 A 4.10 - 5.00	Group 2 A 4.10 - 5.10	Group 4 4.10 - 5.10	Group 2 A 4.10 - 5.00	Group 2 A 4.10 - 5.10			4.00 - 4.15
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6.45 - 7.00								6.45 - 7.00								
7.00 - 7.15	Skate UK 7.30-8.00	Jun. Hockey U13's 6.00 - 7.30	Skate UK/Jnr. Acad 5.45-6.15	Child S8UK Star 5.45-6.15	Junior Hockey U9 & U11's 6.00 - 7.15			7.00 - 7.15	Practice Ice 2S* 6.15-7.15 SKUK8+	Adult Figure Skating Class SS/JB 7.15-8.15	Notts Synchro Academy 7.00-8.00	Notts Synchro Academy 7.15-8.45	Notts Synchro Academy 7.15-8.45	Notts Synchro Academy 7.15-8.45	Field Moves 6.30-7.30 L5 - L10	7.00 - 7.15
7.15 - 7.30								7.15 - 7.30								
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10.00 - 10.15	Portable Barrier Public Skating 7.30 - 9.30	Jun. Hockey U15's 7.45-9.15	Adult Learn to Play Ice Hockey Portable Barrier Public Skating 7.30 - 9.30	Skate UK 7.30-8.00	Public Skating 7.30 - 9.30			10.00 - 10.15	Speed Club 8.30 - 9.30	Junior Hockey U13B/15B 8.15 - 9.45	Notts Synchro Academy 9.00-10.00	Notts Synchro Academy 9.00-10.00	Notts Synchro Academy 9.00-10.00	ES Adult Scrimmage 9.00 - 10.00	Speed Club 7.45 - 8.45	10.00 - 10.15
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12.45 - 1.00								12.45 - 1.00								
1.00 - 1.15	Public Skating 1.15 - 3.45	Public Skating 1.15 - 3.45	Public Skating 1.15 - 3.45	Public Skating 1.15 - 3.45	Public Skating 1.15 - 3.45			1.00 - 1.15	Clarke & Co Pro-Camp 1.30-2.30	Clarke & Co Pro-Camp 1.30-2.30	Clarke & Co Pro-Camp 1.30-2.30	Clarke & Co Pro-Camp 1.30-2.30	Clarke & Co Pro-Camp 1.30-2.30			1.00 - 1.15
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4.00 - 4.15	Lessons Only 4.15-4.45	SKUK8+ Practice Ice 2S* 4.15-5.45 SKUK8+	SKUK8+ Practice Ice 2S* 4.15-5.30 SKUK8+	SKUK8+ Practice Ice 2S* 4.15-5.30 SKUK8+	Lessons Only 4.15-4.45			4.00 - 4.15	Group 2 A 4.10 - 5.00	Group 2 A 4.10 - 5.10	Group 4 4.10 - 5.10	Group 2 A 4.10 - 5.00	Group 2 A 4.10 - 5.10			4.00 - 4.15
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6.45 - 7.00								6.45 - 7.00								
7.00 - 7.15	Skate UK 7.30-8.00	Jun. Hockey U18's A 9.30-11.00	Adult Learn to Play Ice Hockey Portable Barrier Public Skating 7.30 - 9.30	Skate UK 7.30-8.00	Public Skating 7.30 - 9.30			7.00 - 7.15	Practice Ice 2S* 6.15-7.15 SKUK8+	Adult Figure Skating Class SS/JB 7.15-8.15	Notts Synchro Academy 7.00-8.00	Notts Synchro Academy 7.15-8.45	Notts Synchro Academy 7.15-8.45	Notts Synchro Academy 7.15-8.45	Field Moves 6.30-7.30 L5 - L10	7.00 - 7.15
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10.00 - 10.15	Portable Barrier Public Skating 7.30 - 9.30	Jun. Hockey U18's A 9.30-11.00	Adult Learn to Play Ice Hockey Portable Barrier Public Skating 7.30 - 9.30	Skate UK 7.30-8.00	Public Skating 7.30 - 9.30			10.00 - 10.15	Speed Club 8.30 - 9.30	Junior Hockey U13B/15B 8.15 - 9.45	Notts Synchro Academy 9.00-10.00	Notts Synchro Academy 9.00-10.00	Notts Synchro Academy 9.00-10.00	ES Adult Scrimmage 9.00 - 10.00	Speed Club 7.45 - 8.45	10.00 - 10.15
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1.00 - 1.15	Public Skating 1.15 - 3.45	Public Skating 1.15 - 3.45	Public Skating 1.15 - 3.45	Public Skating 1.15 - 3.45	Public Skating 1.15 - 3.45			1.00 - 1.15	Clarke & Co Pro-Camp 1.30-2.30	Clarke & Co Pro-Camp 1.30-2.30	Clarke & Co Pro-Camp 1.30-2.30	Clarke & Co Pro-Camp 1.30-2.30	Clarke & Co Pro-Camp 1.30-2.30			1.00 - 1.15
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4.00 - 4.15	Lessons Only 4.15-4.45	SKUK8+ Practice Ice 2S* 4.15-5.45 SKUK8+	SKUK8+ Practice Ice 2S* 4.15-5.30 SKUK8+	SKUK8+ Practice Ice 2S* 4.15-5.30 SKUK8+	Lessons Only 4.15-4.45			4.00 - 4.15	Group 2 A 4.10 - 5.00	Group 2 A 4.10 - 5.10	Group 4 4.10 - 5.10	Group 2 A 4.10 - 5.00	Group 2 A 4.10 - 5.10			4.00 - 4.15
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6.45 - 7.00								6.45 - 7.00								
7.00 - 7.15	Skate UK 7.30-8.00	Jun. Hockey U18's A 9.30-11.00	Adult Learn to Play Ice Hockey Portable Barrier Public Skating 7.30 - 9.30	Skate UK 7.30-8.00	Public Skating 7.30 - 9.30			7.00 - 7.15	Practice Ice 2S* 6.15-7.15 SKUK8+	Adult Figure Skating Class SS/JB 7.15-8.15	Notts Synchro Academy 7.00-8.00	Notts Synchro Academy 7.15-8.45	Notts Synchro Academy 7.15-8.45	Notts Synchro Academy 7.15-8.45	Field Moves 6.30-7.30 L5 - L10	7.00 - 7.15
7.15 - 7.30								7.15 - 7.30								
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9.45 - 10.00								9.45 - 10.00								
10.00 - 10.15	Portable Barrier Public Skating 7.30 - 9.30	Jun. Hockey U18's A 9.30-11.00	Adult Learn to Play Ice Hockey Portable Barrier Public Skating 7.30 - 9.30	Skate UK 7.30-8.00												

OLYMPIC	Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11	Saturday 12	Sunday 13	ARENA	Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11	Saturday 12	Sunday 13	ARENA														
5.00 - 5.15	Practice Ice (Lessons Only) 5.00 - 6.00	Practice Ice (Lessons Only) 5.00 - 5.50	Practice Ice (Dance Only) 5.00 - 5.50	Practice Ice (Lessons Only) 5.00 - 6.00	Practice Ice (Dance Only) 5.00 - 5.45			5.00 - 5.15	Dance Only							5.00 - 5.15														
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6.00 - 6.15	Group 4 6.00 - 7.00	Group 3 5.50 - 6.50	Group 2B 5.50 - 6.50	Group 4 6.00 - 7.00	Group 3 5.50 - 6.50	Group 2B 6.00 - 7.00	Practice Ice Lessons Only 6.00 - 7.00 Max 15	6.00 - 6.15	Practice Ice NISA Level 1+ 6.00 - 7.00 Max 15 SY							6.00 - 6.15														
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7.00 - 7.15	Group 3 7.00 - 8.00	Group 2A 7.00 - 8.00	Group 2A 7.00 - 8.00	Group 2B 7.00 - 8.00	Group 2A 7.00 - 8.00	Group 3 7.00-8.00	Practice Ice Lessons Only 7.00 - 8.00 Max 15	7.00 - 7.15	Practice Ice NISA Level 1+ 7.00 - 8.00 Max 15 SY							7.00 - 7.15														
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8.00 - 8.15	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30		8.00 - 8.15	Practice Ice 2S* 8.15-9.30 SKUK8+							8.00 - 8.15														
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9.00 - 9.15	Group 1 8.40 - 9.50	Group 1 8.40 - 9.40	Group 1 8.40 - 9.50	Group 1 8.40 - 9.45	Group 1 8.40 - 9.45	Skate UK 8.45 - 9.15	Skate UK/Jnr. Acad 8.45-9.15	9.00 - 9.15	Skate UK 9.15 - 9.30							9.00 - 9.15														
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10.00 - 10.15	Public Session 10.30-12.30					Public Skating 10.00 - 12.00	Parent & Toddler 10.00 - 10.45	10.00 - 10.15	Panthers 10.00-11.30							10.00 - 10.15														
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1.00 - 1.15	Public Skating 1.15 - 3.45	Public Skating 1.15 - 3.45	Public Skating 1.15 - 3.45	Public Skating 1.15 - 3.45	Public Skating 1.15 - 3.45	Speed Club 12.30 - 1.30	SkateUK 12.30-1.00	1.00 - 1.15	Sk8UK Star 1.00 - 1.30							1.00 - 1.15														
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4.00 - 4.15	Lessons Only 4.15-4.45	Group 1 & 2A 4.10 - 5.00	Group 4 4.10 - 5.00	Group 2A 4.10 - 5.00	Group 2A 4.10 - 5.00	Notts Synchro Academy 1.30 - 2.15	Notts Synchro Academy 1.30 - 2.15	4.15 - 4.30	Public Skating 2.30 - 5.00	Family Disco						4.15 - 4.30														
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7.00 - 7.15								EIHA Learn to Play Hockey 6.00 - 7.00								Jun. Hockey U13's 6.00 - 7.30	Skate UK/Jnr. Acad 5.45-6.15	Child S8UK Star 5.45-6.15	Junior Hockey U9 & U11's 6.00 - 7.15	EIHA Officials Seminar 5.30-6.15	EIHA Officials Seminar 6.30-7.15	6.00 - 6.15	Public Skating 7.30 - 9.30	Family Session						6.00 - 6.15
6.15 - 6.30	6.15 - 6.30																													
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9.00 - 9.15	Portable Barrier Public Skating 7.30 - 9.30	Jun. Hockey U15's 7.45-9.15	Adult Learn to Play Ice Hockey Portable Barrier Public Skating 7.30 - 9.30	Skate UK 7.30-8.00	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	7.30 - 7.45	Public Skating 7.30 - 9.30	Nottingham Knights 8.45-9.45						7.30 - 7.45														
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10.00 - 10.15								North Stars 10.00-11.00								Jun. Hockey U18's A 9.30-11.00	Scrimmage /Barrier 8.30-9.30	Skate UK 7.30-8.00	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	8.00 - 8.15	Public Skating 7.30 - 9.30	Nottingham Vipers 10.00-11.15						8.00 - 8.15
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11.00 - 11.15	Jun. Hockey U18'sB 11.15-12.30	Jun. Hockey U20's 10.00 - 11.15	Nottingham Lions 10.00 - 11.30	Lions Academy 10.00-11.00	Nottingham Sheriffs 10.00 - 11.00	Nottingham Knights 8.45-9.45	Nottingham Vipers 10.00-11.15	11.00 - 11.15	CONVERSION							11.00 - 11.15														
11.15 - 11.30								11.15 - 11.30																						
11.30 - 11.45								11.30 - 11.45																						
11.45 - 12.00								11.45 - 12.00																						

