

OLYMPIC	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20	Saturday 21	Sunday 22	ARENA	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20	Saturday 21	Sunday 22	ARENA
5.00 - 5.15	Practice Ice (Lessons Only) 5.00 - 6.00	Practice Ice (Lessons Only) 5.00 - 5.50	Practice Ice (Lessons Only) 5.00 - 5.50	Practice Ice (Lessons Only) 5.00 - 6.00	Practice Ice (Lessons Only) 5.00 - 5.45			5.00 - 5.15								5.00 - 5.15
5.15 - 5.30								5.15 - 5.30								
5.30 - 5.45								5.30 - 5.45								
5.45 - 6.00								5.45 - 6.00								
6.00 - 6.15								6.00 - 6.15								
6.15 - 6.30	RC/LF/SS/KB Group 4 6.00 - 7.00	CP/LF/SS Group 3 5.50 - 6.50	LF/CP/KB Group 2B 5.50 - 6.50	LF/KB/WC/SS Group 4 6.00 - 7.00	TC/RC Group 3 5.50 - 6.50			6.00 - 6.15	Ice Dance Only SY 5.45-6.45	Dance Only Practice Ice NISA Level 1+ 6.00 - 7.00 Max 15	Dance Only Practice Ice NISA Level 1+ 6.00 - 7.00 Max 15	TC/RC/CP Group 2A 6.00 - 7.00	Dance Only Practice Ice NISA Level 1+ 6.00 - 7.00 Max 15	SS/CP/MO Group 2B 6.00 - 6.55	Notts Synchro Academy 6.00-8.45	6.00 - 6.15
6.15 - 6.30								6.15 - 6.30								
6.30 - 6.45								6.30 - 6.45								
6.45 - 7.00								6.45 - 7.00								
7.00 - 7.15								7.00 - 7.15								
7.15 - 7.30	RC/LF/SS Group 3 7.00 - 8.00	TC/CP/LF Group 2A 7.00 - 8.00	TC/RC/CP/MO Group 2A 7.00 - 8.00	LF/WC/SS Group 2B 7.00 - 8.00	TC/RC Group 2A 7.00 - 8.00			7.00 - 7.15	Practice Ice NISA Level 1+ 7.00 - 8.00 Max 15 SY	Practice Ice NISA Level 1+ 7.00 - 8.00 Max 15 SY	Practice Ice NISA Level 1+ 7.00 - 8.00 Max 15 SY	RC/KB/CP Group 3 7.00 - 8.00	Practice Ice NISA Level 1+ 7.00 - 8.00 Max 15	MO/CP/SS Group 3 6.55 - 7.50		7.00 - 7.15
7.15 - 7.30								7.15 - 7.30								
7.30 - 7.45								7.30 - 7.45								
7.45 - 8.00								7.45 - 8.00								
8.00 - 8.15								8.00 - 8.15								
8.15 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30		8.00 - 8.15	Practice Ice 2S* 8.00-9.00 SKUK8+	Practice Ice 2S* 8.00-9.00 SKUK8+	Practice Ice 2S* 8.00-9.00 SKUK8+		Practice Ice 2S* 8.00-9.00 SKUK8+	CP/MO/SS Group 4 8.00 - 9.00		8.00 - 8.15
8.15 - 8.30								8.15 - 8.30								
8.30 - 8.45								8.30 - 8.45								
8.45 - 9.00								8.45 - 9.00								
9.00 - 9.15								9.00 - 9.15								
9.15 - 9.30	Group 1 8.40 - 9.45 TC/MO	Group 1 8.40 - 9.45 TC	Group 1 8.40 - 9.45 TC	Group 1 8.40 - 9.45 TC	Group 1 8.40 - 9.45 TC			9.00 - 9.15	Sk8UK Tots Jnr. Acad 8.15 - 8.45 SY/SS/CP	Skate UK/Jnr. Acad 8.45-9.15	Skate UK 9.15 - 9.45		Practice Ice 2S* 8.00-9.00 SKUK8+			9.00 - 9.15
9.15 - 9.30								9.15 - 9.30								
9.30 - 9.45								9.30 - 9.45								
9.45 - 10.00								9.45 - 10.00								
10.00 - 10.15								10.00 - 10.15								
10.15 - 10.30	Djanogly Academy 10.00-11.00	Adult Socialice Public Skating 10.00 - 11.30	Practice Ice 2S* 11.00-12.00 SKUK8+	Practice Ice 2S* 11.00-12.00 SKUK8+	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Public Skating 10.00 - 12.00		10.00 - 10.15	Parent & Toddler 10.00 - 10.45	Public Skating 10.00 - 12.00	(Families)		Practice Ice 2S* 12.00 - 1.00 SKUK8+	TC/RC/CP/MO Group 2A 10.15 - 11.05	Notts Synchro Academy 9.00-11.00	10.00 - 10.15
10.15 - 10.30								10.15 - 10.30								
10.30 - 10.45								10.30 - 10.45								
10.45 - 11.00								10.45 - 11.00								
11.00 - 11.15								11.00 - 11.15								
11.15 - 11.30	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Practice Ice 2S* 12.00 - 1.00 SKUK8+	(1 - 1's)		11.00 - 11.15	SkateUK 12.30-1.00	Sk8UK Star 1.00 - 1.30	Notts Synchro Academy 1.30 - 2.15		Practice Ice 2S* 12.00 - 1.00 SKUK8+			11.00 - 11.15
11.15 - 11.30								11.15 - 11.30								
11.30 - 11.45								11.30 - 11.45								
11.45 - 12.00								11.45 - 12.00								
12.00 - 12.15								12.00 - 12.15								
12.15 - 12.30	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Speed Club 12.30 - 1.30		12.00 - 12.15	Notts Synchro Academy 1.30 - 2.15	Notts Synchro Academy 1.30 - 2.15		Practice Ice 2S* 1.30-2.30 SKUK8+	UON Ice Skating Society 1.30-2.30	Practice Ice 2S* 1.30 - 2.30 SKUK8+	Practice Ice 2S* 1.30 - 2.30 SKUK8+	12.00 - 12.15
12.15 - 12.30								12.15 - 12.30								
12.30 - 12.45								12.30 - 12.45								
12.45 - 1.00								12.45 - 1.00								
1.00 - 1.15								1.00 - 1.15								
1.15 - 1.30	Public Skating 1.15 - 2.45	Parent & Toddler 1.15 - 1.45	Public Skating 1.15 - 2.45	Public Skating 1.15 - 2.45	Public Skating 1.15 - 2.45	Notts Synchro Academy 1.30 - 2.15		1.15 - 1.30	Public Skating 2.30 - 5.00	Public Skating 2.30 - 5.00		Practice Ice 2S* 2.45-3.45 SKUK8+	UON Ice Skating Society 1.30-2.30	Practice Ice 2S* 1.30 - 2.30 SKUK8+	Practice Ice 2S* 1.30 - 2.30 SKUK8+	1.15 - 1.30
1.30 - 1.45								1.30 - 1.45								
1.45 - 2.00								1.45 - 2.00								
2.00 - 2.15								2.00 - 2.15								
2.15 - 2.30								2.15 - 2.30								
2.30 - 2.45	GB Short Track 3.00-4.30	University Ice Hockey Taster 3.00-4.00	Practice Ice 2S* 3.30-4.30 SKUK8+	Practice Ice 2S* 4.30-5.30 SKUK8+	Practice Ice 2S* 4.30-5.30 SKUK8+	GB Short Track 3.00-4.30		2.30 - 2.45	Public Skating 2.30 - 5.00	Public Skating 2.30 - 5.00		Practice Ice 2S* 2.45-3.45 SKUK8+	UON Ice Skating Society 1.30-2.30	Practice Ice 2S* 1.30 - 2.30 SKUK8+	Practice Ice 2S* 1.30 - 2.30 SKUK8+	2.30 - 2.45
2.45 - 3.00								2.45 - 3.00								
3.00 - 3.15								3.00 - 3.15								
3.15 - 3.30								3.15 - 3.30								
3.30 - 3.45								3.30 - 3.45								
3.45 - 4.00	Ice Dance Class 4.45-5.45 SY/WC	Practice Ice 2S* 4.45-5.45 SKUK8+	Practice Ice 2S* 4.30-5.30 SKUK8+	Practice Ice 2S* 4.30-5.30 SKUK8+	Practice Ice 2S* 4.30-5.30 SKUK8+	Ice Dance Class 4.45-5.45 SY/GW		3.45 - 4.00	Public Skating 2.30 - 5.00	Public Skating 2.30 - 5.00		Practice Ice 2S* 2.45-3.45 SKUK8+	UON Ice Skating Society 1.30-2.30	Practice Ice 2S* 1.30 - 2.30 SKUK8+	Practice Ice 2S* 1.30 - 2.30 SKUK8+	3.45 - 4.00
4.00 - 4.15								4.00 - 4.15								
4.15 - 4.30								4.15 - 4.30								
4.30 - 4.45								4.30 - 4.45								
4.45 - 5.00								4.45 - 5.00								
5.00 - 5.15	EIHA Learn to Play Hockey 6.00 - 7.00	Jun. Hockey U13's Div 1 6.00-7.30	Skate UK/Jnr. Acad 5.45-6.15 SY/RC/CP/SS	Child S8UK Star 5.45-6.15	Skate UK/Jnr. Acad 6.15-6.45	Junior Hockey U11's 6.00 - 7.15		5.00 - 5.15	Public Skating 2.30 - 5.00	Public Skating 2.30 - 5.00		Practice Ice 2S* 2.45-3.45 SKUK8+	UON Ice Skating Society 1.30-2.30	Practice Ice 2S* 1.30 - 2.30 SKUK8+	Practice Ice 2S* 1.30 - 2.30 SKUK8+	5.00 - 5.15
5.15 - 5.30								5.15 - 5.30								
5.30 - 5.45								5.30 - 5.45								
5.45 - 6.00								5.45 - 6.00								
6.00 - 6.15								6.00 - 6.15								
6.15 - 6.30	Skate UK 7.30-8.00	Jun. Hockey U15's Div 1 7.45-9.15	Skate UK/Jnr. Acad 6.15-6.45	Child S8UK Star 6.15-6.45	Skate UK 6.45 - 7.15	Junior Hockey U11's 6.00 - 7.15		6.00 - 6.15	Public Skating 7.30 - 9.30 Club Night	Public Skating 7.30 - 9.30 Club Night		Practice Ice 2S* 2.45-3.45 SKUK8+	UON Ice Skating Society 1.30-2.30	Practice Ice 2S* 1.30 - 2.30 SKUK8+	Practice Ice 2S* 1.30 - 2.30 SKUK8+	6.00 - 6.15
6.15 - 6.30								6.15 - 6.30								
6.30 - 6.45								6.30 - 6.45								
6.45 - 7.00								6.45 - 7.00								
7.00 - 7.15								7.00 - 7.15								
7.15 - 7.30	Adult Learn to Play Ice Hockey Portable Barrier 7.30 - 9.30	Jun. Hockey U18's Div 1 9.30-11.00	Skate UK/Jnr. Acad 6.45 - 7.15	Child S8UK Star 6.45 - 7.15	Skate UK 7.30-8.00	Junior Hockey U11's 6.00 - 7.15		7.00 - 7.15	Public Skating 7.30 - 9.30 Club Night	Public Skating 7.30 - 9.30 Club Night		Practice Ice 2S* 2.45-3.45 SKUK8+	UON Ice Skating Society 1.30-2.30	Practice Ice 2S* 1.30 - 2.30 SKUK8+	Practice Ice 2S* 1.30 - 2.30 SKUK8+	7.00 - 7.15
7.15 - 7.30								7.15 - 7.30								
7.30 - 7.45								7.30 - 7.45								
7.45 - 8.00								7.45 - 8.00								
8.00 - 8.15								8.00 - 8.15								
8.15 - 8.30	Portable Barrier Public Skating 7.30 - 9.30	Jun. Hockey U18's Div 1 9.30-11.00	Skate UK/Jnr. Acad 6.45 - 7.15	Child S8UK Star 6.45 - 7.15	Skate UK 7.30-8.00	Junior Hockey U11's 6.00 - 7.15		8.00 - 8.15	Public Skating 7.30 - 9.30 Club Night	Public Skating 7.30 - 9.30 Club Night		Practice Ice 2S* 2.45-3.45 SKUK8+	UON Ice Skating Society 1.30-2.30	Practice Ice 2S* 1.30 - 2.30 SKUK8+	Practice Ice 2S* 1.30 - 2.30 SKUK8+	8.00 - 8.15
8.15 - 8.30								8.15 - 8.30								
8.30 - 8.45								8.30 - 8.45								
8.45 - 9.00								8.45 - 9.00								
9.00 - 9.15								9.00 - 9.15								
9.15 - 9.30	Scrimmage /Barrier 8.30-9.30	Jun. Hockey U18's Div 1 9.30-11.00	Skate UK/Jnr. Acad 6.45 - 7.15	Child S8UK Star 6.45 - 7.15	Skate UK 7.30-8.00	Junior Hockey U11's 6.00 - 7.15		9.00 - 9.15	Public Skating 7.30 - 9.30 Club Night	Public Skating 7.30 - 9.30 Club Night		Practice Ice 2S* 2.45-3.45 SKUK8+	UON Ice Skating Society 1.30-2.30	Practice Ice 2S* 1.30 - 2.30 SKUK8+	Practice Ice 2S* 1.30 - 2.30 SKUK8+	9.00 - 9.15
9.15 - 9.30								9.15 - 9.30								
9.30 - 9.45								9.30 - 9.45								
9.45 - 10.00								9.45 - 10.00								
10.00 - 10.15								10.00 - 10.15								
10.15 - 10.30	North Stars 10.00-11.00	Jun. Hockey U20's 10.00 - 11.15	Skate UK/Jnr. Acad 6.45 - 7.15	Child S8UK Star 6.45 - 7.15	Skate UK 7.30-8.00	Junior Hockey U11's 6.00 - 7.15		10.00 - 10.15	Public Skating 7.30 - 9.30 Club Night	Public Skating 7.30 - 9.30 Club Night		Practice Ice 2S* 2.45-3.45 SKUK8+	UON Ice Skating Society 1.30-2.30	Practice Ice 2S* 1.30 - 2.30 SKUK8+	Practice Ice 2S* 1.30 - 2.30 SKUK8+	10.00 - 10.15
10.15 - 10.30								10.15 - 10.30								
10.30 - 10.45								10.30 - 10.45								
10.45 - 11.00								10.45 - 11.00								
11.00 - 11.15								11.00 - 11.15								
11.15 - 11.30	Mavericks E/Development Team Trials 11.15-12.15	Jun. Hockey U20's 10.00 - 11.15	Skate UK/Jnr. Acad 6.45 - 7.15	Child S8UK Star 6.45 - 7.15	Skate UK 7.30-8.00	Junior Hockey U11's 6.00 - 7.15		11.00 - 11.15	Public Skating 7.30 - 9.30 Club Night	Public Skating 7.30 - 9.30 Club Night		Practice Ice 2S* 2.45-3.45 SKUK8+	UON Ice Skating Society 1.30-2.30	Practice Ice 2S* 1.30 - 2.30 SKUK8+	Practice Ice 2S* 1.30 - 2.30 SKUK8+	11.00 - 11.15
11.15 - 11.30								11.15 - 11.30								
11.30 - 11.45								11.30 - 11.45								
11.45 - 12.00								11.45 - 12.00								
12.00 - 12.15								12.00 - 12.15								
12.15 - 12.30	Mavericks A/B Team Trials 10.45-12.15	Jun. Hockey U18'sB 11.15-12.30	Skate UK/Jnr. Acad 6.45 - 7.15	Child S8UK Star 6.45 - 7.15	Skate UK 7.30-8.00	Junior Hockey U11's 6.00 - 7.15		11.15 - 11.30	Public Skating 7.30 - 9.30 Club Night	Public Skating 7.30 - 9.30 Club Night		Practice Ice 2S* 2.45-3.45 SKUK8+	UON Ice Skating Society 1.30-2.30	Practice Ice 2S* 1.30 - 2.30 SKUK8+	Practice Ice 2S* 1.30 - 2.30 SKUK8+	11.15 - 11.30
11.30 - 11.45								11.30 - 11.45								
11.45 - 12.00								11.45 - 12.00								
12.00 - 12.15								12.00 - 12.15								
12.15 - 12.30								12.15 - 12.30								
12.30 - 12.45	Mavericks A/B Team Trials 10.45-12.15	Jun. Hockey U18'sB 11.15-12.30	Skate UK/Jnr. Acad 6.45 - 7.15	Child S8UK Star 6.45 - 7.15	Skate UK 7.30-8.00	Junior Hockey U11's 6.00 - 7.15		12.00 - 12.15	Public Skating 7.30 - 9.30 Club Night	Public Skating 7.30 - 9.30 Club Night		Practice Ice 2S* 2.45-3.45 SKUK8+	UON Ice Skating Society 1.30-2.30	Practice Ice 2S* 1.30 - 2.30 SKUK8+	Practice Ice 2S* 1.30 - 2.30 SKUK8+	12.00 - 12.15
12.15 - 12.30								12.15 - 12.30								
12.30 - 12.45								12.30 - 12.45								
12.45 - 1.00								12.45 - 1.00								
1.00 - 1.15								1.00 - 1.15								
1.15 - 1.30	Mavericks A/B Team Trials 10.45-12.15	Jun. Hockey U18'sB 11.15-12.30	Skate UK/Jnr. Acad 6.45 - 7.15	Child S8UK Star 6.45 - 7.15	Skate UK 7.30-8.00	Junior Hockey U11's 6.00 - 7.15		1.15 - 1.30	Public Skating 7.30 - 9.30 Club Night	Public Skating 7.30 - 9.30 Club Night		Practice Ice 2S* 2.45-3.45 SKUK8+	UON Ice Skating Society 1.30-2.30	Practice Ice 2S* 1.30 - 2.30 SKUK8+	Practice Ice 2S* 1.30 - 2.30 SKUK8+	1.15 - 1.30
1.30 - 1.45								1.30 - 1.45								
1.45 - 2.00								1.45 - 2.00								
2.00 - 2.15								2.00 - 2.15								
2.15 - 2.30								2.15 - 2.30								
2.30 - 2.45	GB Short Track 2.40-3.55	University Ice Hockey Taster 3.00-4.00	Practice Ice 2S* 3.30-4.30 SKUK8+	Practice Ice 2S* 4.30-5.30 SKUK8+	Practice Ice 2S* 4.30-5.30 SKUK8+	Ice Dance Class 4.45-5.45 SY/GW		2.30 - 2.45	Public Skating 2.30 - 5.00	Public Skating 2.30 - 5.00		Practice Ice 2S* 2.45-3.45 SKUK8+	UON Ice Skating Society 1.30-2.30	Practice Ice 2S* 1.30 - 2.30 SKUK8+	Practice Ice 2S* 1.30 - 2.30 SKUK8+	2.30 - 2.45
2.45 - 3.00								2.45 - 3.00								
3.00 - 3.15								3.00 - 3.15								
3.15 - 3.30								3.15 - 3.30								
3.30 - 3.45								3.30 - 3.45								
3.45 - 4.00	TC Group 1 2.40-3.55	Practice Ice 2S* 3.45-4.45 SKUK8+	Practice Ice 2S* 4.30-5.30 SKUK8+	Practice Ice 2S* 4.30-5.30 SKUK8+	Practice Ice 2S* 4.30-5.30 SKUK8+	Ice Dance Class 4.45-5.45 SY/GW		3.45 - 4.00	Public Skating 2.30 - 5.00	Public Skating 2.30 -						

OLYMPIC	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10	Saturday 11	Sunday 12	ARENA	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10	Saturday 11	Sunday 12	ARENA	
5.00 - 5.15	Practice Ice (Lessons Only) 5.00 - 6.00	Practice Ice (Lessons Only) 5.00 - 5.50	Practice Ice (Dance Only) 5.00 - 5.50	Group 2B 5.00-6.00	Practice Ice (Lessons Only) 5.00 - 5.50			5.00 - 5.15								5.00 - 5.15	
5.15 - 5.30								5.15 - 5.30									
5.30 - 5.45								5.30 - 5.45									
5.45 - 6.00								5.45 - 6.00									
6.00 - 6.15								6.00 - 6.15									
6.15 - 6.30	Group 4 6.00 - 7.00	Group 3 5.50 - 6.50	Group 2B 5.50 - 6.50	Group 4 6.00-7.00	Group 3 5.50 - 6.50	Practice Ice NISA Level 1+ 6.00-7.00	Practice Ice NISA Level 1+ 6.00 - 7.00 Max 15	6.00 - 6.15	Ice Dance Only 5.45-7.00							6.00 - 6.15	
6.15 - 6.30								6.15 - 6.30									
6.30 - 6.45								6.30 - 6.45									
6.45 - 7.00	Group 3 7.00-8.00	Group 2A 6.50-7.50	Group 2A 6.50-7.50	Group 3 7.00-8.00	Group 2A 7.00 - 8.00	Practice Ice 2S* 7.00-8.00 SKUK8+	Practice Ice NISA Level 1+ 7.00 - 8.00 Max 15	6.45 - 7.00								6.45 - 7.00	
7.00 - 7.15								7.00 - 7.15									
7.15 - 7.30								7.15 - 7.30									
7.30 - 7.45	Lessons Only 8.00 - 8.30	Group 1 8.00-9.00	Group 1 8.00-9.00	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Sk8UK Tots <small>Jnr. Acad</small> 8.15 - 8.45	7.30 - 7.45								7.30 - 7.45	
7.45 - 8.00								7.45 - 8.00									
8.00 - 8.15	Lessons Only 8.00 - 8.30	Group 1 8.00-9.00	Group 1 8.00-9.00	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Lessons Only 8.00 - 8.30	Sk8UK Tots <small>Jnr. Acad</small> 8.15 - 8.45	8.00 - 8.15								8.00 - 8.15	
8.15 - 8.30								8.15 - 8.30									
8.30 - 8.45								8.30 - 8.45									
8.45 - 9.00								8.45 - 9.00									
9.00 - 9.15								9.00 - 9.15									
9.15 - 9.30	Group 1 8.40 - 9.45	GB Short Track 9.15-11.00	GB Short Track 9.15-11.00	Group 1 8.40 - 9.45	Group 1 8.40 - 9.45	Skate UK 8.45 - 9.15	Skate UK <small>Jnr. Acad</small> 8.45-9.15	8.30 - 8.45								8.30 - 8.45	
8.45 - 9.00								8.45 - 9.00									
9.00 - 9.15								9.00 - 9.15									
9.15 - 9.30								9.15 - 9.30									
9.30 - 9.45								9.30 - 9.45									
9.45 - 10.00	Group 1 8.40 - 9.45	GB Short Track 9.15-11.00	GB Short Track 9.15-11.00	Group 1 8.40 - 9.45	Group 1 8.40 - 9.45	Skate UK 8.45 - 9.15	Skate UK <small>Jnr. Acad</small> 8.45-9.15	8.45 - 9.00								8.45 - 9.00	
10.00 - 10.15								10.00 - 10.15									
10.15 - 10.30								10.15 - 10.30									
10.30 - 10.45								10.30 - 10.45									
10.45 - 11.00								10.45 - 11.00									
11.00 - 11.15	Practice Ice 2S* 11.00-12.00 SKUK8+	Practice Ice 2S* 11.30-1.00 SKUK8+	Panthers 11.15-12.45	Panthers 11.15-12.45	Practice Ice 2S* 11.00-12.00 SKUK8+	Practice Ice 2S* 11.00-12.00 SKUK8+	Public Skating 10.00 - 12.00	11.00 - 11.15	Hybrid Barrier System Test 8.00-3.45							11.00 - 11.15	
11.15 - 11.30								11.15 - 11.30									
11.30 - 11.45								11.30 - 11.45									
11.45 - 12.00								11.45 - 12.00									
12.00 - 12.15								12.00 - 12.15									
12.15 - 12.30	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Practice Ice 2S* 11.30-1.00 SKUK8+	Panthers 11.15-12.45	Panthers 11.15-12.45	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Public Skating 10.00 - 12.00	11.15 - 11.30								11.15 - 11.30	
11.30 - 11.45								11.30 - 11.45									
11.45 - 12.00								11.45 - 12.00									
12.00 - 12.15								12.00 - 12.15									
12.15 - 12.30								12.15 - 12.30									
12.30 - 12.45	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Practice Ice 2S* 11.30-1.00 SKUK8+	Panthers 11.15-12.45	Panthers 11.15-12.45	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Practice Ice 2S* 12.00 - 1.00 SKUK8+	Public Skating 10.00 - 12.00	12.00 - 12.15								12.00 - 12.15	
12.30 - 12.45								12.30 - 12.45									
12.45 - 1.00								12.45 - 1.00									
1.00 - 1.15								1.00 - 1.15									
1.15 - 1.30								1.00 - 1.15									
1.15 - 1.30	Public Skating 1.15 - 2.45	Parent & Toddler 1.15 - 1.45 Public Skating 1.15 - 2.45	Public Skating 1.15 - 2.45	Public Skating 1.15 - 2.45	Parent & Toddler 1.15 - 1.45 Public Skating 1.15 - 2.45	Parent & Toddler 1.15 - 1.45 Public Skating 1.15 - 2.45	Speed Club 12.30 - 1.30	1.15 - 1.30								1.15 - 1.30	
1.30 - 1.45								1.30 - 1.45									
1.45 - 2.00								1.45 - 2.00									
2.00 - 2.15								2.00 - 2.15									
2.15 - 2.30								2.15 - 2.30									
2.30 - 2.45	Public Skating 1.15 - 2.45	Parent & Toddler 1.15 - 1.45 Public Skating 1.15 - 2.45	Public Skating 1.15 - 2.45	Public Skating 1.15 - 2.45	Parent & Toddler 1.15 - 1.45 Public Skating 1.15 - 2.45	Parent & Toddler 1.15 - 1.45 Public Skating 1.15 - 2.45	Notts Synchro Academy 1.30 - 2.15	2.30 - 2.45								2.30 - 2.45	
2.45 - 3.00								2.45 - 3.00									
3.00 - 3.15								3.00 - 3.15									
3.15 - 3.30								3.15 - 3.30									
3.30 - 3.45								3.30 - 3.45									
3.45 - 4.00	Group 1 3.00-4.10	Group 1 3.00-4.00	UON Skating Society 3.00-4.00	Group 1 3.00-4.00	Practice Ice 2S* 3.45-4.45 SKUK8+	Practice Ice 2S* 3.45-4.45 SKUK8+	Public Skating 2.30 - 5.00	3.45 - 4.00	8.00-3.45							3.45 - 4.00	
4.00 - 4.15								4.00 - 4.15									
4.15 - 4.30								4.15 - 4.30									
4.30 - 4.45								4.30 - 4.45									
4.45 - 5.00								4.45 - 5.00									
5.00 - 5.15	Ice Dance Class 4.45-5.45	Group 2 A 4.10 - 5.00	Practice Ice 2S* 4.30-5.30 SKUK8+	Group 2 A 4.10 - 5.00	Ice Dance Class 4.45-5.45	Ice Dance Class 4.45-5.45	Public Skating 2.30 - 5.00	4.15 - 4.30								4.15 - 4.30	
5.15 - 5.30								5.15 - 5.30									
5.30 - 5.45								5.30 - 5.45									
5.45 - 6.00								5.45 - 6.00									
6.00 - 6.15								5.45 - 6.00									
6.15 - 6.30	EIHA Learn to Play Hockey 6.00 - 7.00	Jun. Hockey U13's Div 1 6.00-7.30	Skate UK <small>Jnr. Acad</small> 5.45-6.15	Child S8UK Star 5.45-6.15	Junior Hockey U11's 6.00 - 7.15	Junior Hockey U15 Div 1 Match 5.30-7.15	Lions v Solway 5.30-8.00	6.00 - 6.15								6.00 - 6.15	
6.15 - 6.30								6.15 - 6.30									
6.30 - 6.45								6.30 - 6.45									
6.45 - 7.00								6.45 - 7.00									
7.00 - 7.15								6.45 - 7.15									
7.15 - 7.30	Skate UK 7.30-8.00	Jun. Hockey U15's Div 1 7.45-9.15	Adult Learn to Play Ice Hockey 7.30-8.00	Skate UK 7.30-8.00	Public Skating 7.30 - 9.30 Club Night	Public Skating 7.30 - 9.30 Club Night	Public Skating 7.30 - 9.30 Club Night	6.15 - 6.45								6.15 - 6.45	
7.30 - 7.45								7.30 - 7.45									
7.45 - 8.00								7.45 - 8.00									
8.00 - 8.15								8.00 - 8.15									
8.15 - 8.30								8.15 - 8.30									
8.30 - 8.45	Portable Barrier Public Skating 7.30 - 9.30	Jun. Hockey U18's Div 1 9.30-11.00	Scrimmage /Barrier 8.30-9.30	Scrimmage /Barrier 8.30-9.30	Public Skating 7.30 - 9.30 Club Night	Public Skating 7.30 - 9.30 Club Night	Public Skating 7.30 - 9.30 Club Night	7.00 - 7.15								7.00 - 7.15	
7.15 - 7.30								7.15 - 7.30									
7.30 - 7.45								7.30 - 7.45									
7.45 - 8.00								7.45 - 8.00									
8.00 - 8.15								8.00 - 8.15									
8.15 - 8.30	North Stars 10.00-11.00	Jun. Hockey U18's Div 1 9.30-11.00	Jun. Hockey U20's 10.00 - 11.15	Nottingham Lions 10.00 - 11.30	Lions Academy 10.00-11.00	Nottingham Sheriffs 10.00 - 11.00	Nottingham Vipers 10.00-11.15	7.30 - 7.45								7.30 - 7.45	
8.30 - 8.45								8.30 - 8.45									
8.45 - 9.00								8.45 - 9.00									
9.00 - 9.15								9.00 - 9.15									
9.15 - 9.30								9.15 - 9.30									
9.30 - 9.45	Mavericks E/Development Team Trials 11.15-12.15	Mavericks E/Development Team Trials 11.15-12.15	Mavericks E/Development Team Trials 11.15-12.15	Mavericks E/Development Team Trials 11.15-12.15	Mavericks E/Development Team Trials 11.15-12.15	Mavericks E/Development Team Trials 11.15-12.15	Mavericks E/Development Team Trials 11.15-12.15	7.45 - 8.00								7.45 - 8.00	
9.45 - 10.00								9.45 - 10.00									
10.00 - 10.15								10.00 - 10.15									
10.15 - 10.30								10.15 - 10.30									
10.30 - 10.45								10.30 - 10.45									
10.45 - 11.00	Mavericks E/Development Team Trials 11.15-12.15	Mavericks E/Development Team Trials 11.15-12.15	Mavericks E/Development Team Trials 11.15-12.15	Mavericks E/Development Team Trials 11.15-12.15	Mavericks E/Development Team Trials 11.15-12.15	Mavericks E/Development Team Trials 11.15-12.15	Mavericks E/Development Team Trials 11.15-12.15	8.00 - 8.15								8.00 - 8.15	
11.00 - 11.15								11.00 - 11.15									
11.15 - 11.30								11.15 - 11.30									
11.30 - 11.45								11.30 - 11.45									
11.45 - 12.00								11.45 - 12.00									
11.45 - 12.00								8.00 - 8.15								8.00 - 8.15	
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								11.15 - 11.30									11.15 - 11.30
								11.30 - 11.45									11.30 - 11.45
								11.45 - 12.00									11.45 - 12.00
								NOV 2017									18.10.17

STC** - subject to coach on ice during sessions

2S* - Subject to a minimum of 2 skaters on ice during session.

OLYMPIC	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24	Saturday 25	Sunday 26	ARENA	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24	Saturday 25	Sunday 26	ARENA
5.00 - 5.15	Practice Ice (Dance Only) 5.00 - 6.00	Practice Ice (Lessons Only) 5.00 - 5.50	Practice Ice (Dance Only) 5.00 - 5.50	Group 3 5.00-5.55	Practice Ice (Dance Only) 5.00 - 5.50	Group 3 5.00 - 6.00		5.00 - 5.15								5.00 - 5.15
5.15 - 5.30								5.15 - 5.30								
5.30 - 5.45								5.30 - 5.45								
5.45 - 6.00	Group 4 6.00 - 7.00	Group 3 5.50-6.45	Group 2B 5.50-6.45	Group 4 5.55-6.50	Group 3 5.50 - 6.50	Group 2B 6.00 - 6.50		5.45 - 6.00								5.45 - 6.00
6.00 - 6.15								6.00 - 6.15								
6.15 - 6.30								6.15 - 6.30								
6.30 - 6.45	Group 3 7.00-8.00	Group 2A 6.45-7.45	Group 2A 6.45-7.45	Group 2B 6.50-7.45	Group 2A 6.50-7.45	Group 2A 7.00 - 7.50		6.15 - 6.30								6.15 - 6.30
6.45 - 7.00								6.45 - 7.00								
7.00 - 7.15								7.00 - 7.15								
7.15 - 7.30	Lessons Only 8.00 - 8.30	Group 1 7.55 - 9.00	Group 1 7.55 - 9.00	Group 1 7.55 - 9.00	Lessons Only 8.00 - 8.30	Group 1 7.50-8.40		6.30 - 6.45								6.30 - 6.45
6.45 - 7.00								6.45 - 7.00								
7.00 - 7.15								7.00 - 7.15								
7.15 - 7.30	Group 1 8.40 - 9.45	Group 1 7.55 - 9.00	Group 1 7.55 - 9.00	Group 1 7.55 - 9.00	Lessons Only 8.00 - 8.30	Group 1 7.50-8.40		6.45 - 7.00								6.45 - 7.00
7.30 - 7.45								7.30 - 7.45								
7.45 - 8.00								7.45 - 8.00								
8.00 - 8.15	Practice Ice 2S* 10.00-11.00 SKUK8+	Group 1 9.15-11.00	Group 1 9.15-11.15	Group 1 9.15-11.00	Practice Ice 2S* 10.00-11.00 SKUK8+	Public Skating 10.00 - 12.00		7.00 - 7.15								7.00 - 7.15
8.15 - 8.30								8.15 - 8.30								
8.30 - 8.45								8.30 - 8.45								
8.45 - 9.00	Group 1 8.40 - 9.45	GB Short Track 9.15-11.00	GB Short Track 9.15-11.15	GB Short Track 9.15-11.00	Practice Ice 2S* 10.00-11.00 SKUK8+	Public Skating 10.00 - 12.00		7.15 - 7.30								7.15 - 7.30
8.45 - 9.00								8.45 - 9.00								
9.00 - 9.15								9.00 - 9.15								
9.15 - 9.30	Practice Ice 2S* 11.30-1.00 SKUK8+	Panthers 11.15-12.45	Panthers 11.15-12.45	Panthers 11.15-12.45	Panthers 11.15-12.45	Public Skating 10.00 - 12.00		7.30 - 7.45								7.30 - 7.45
9.30 - 9.45								9.30 - 9.45								
9.45 - 10.00								9.45 - 10.00								
10.00 - 10.15	Public Skating 1.15 - 2.45	Parent & Toddler 1.15 - 1.45	Public Skating 1.15 - 2.45	Public Skating 1.15 - 2.45	Parent & Toddler 1.15 - 1.45	Public Skating 1.15 - 2.45		7.45 - 8.00								7.45 - 8.00
10.15 - 10.30								7.45 - 8.00								
10.30 - 10.45								7.45 - 8.00								
10.45 - 11.00	Group 1 3.00-4.00	Group 1 3.00-4.00	UON Ice Skating Society 3.00-4.00	Group 1 3.00-4.00	Group 1 3.00-4.00	Public Skating 2.30 - 5.00		7.45 - 8.00								7.45 - 8.00
11.00 - 11.15								7.45 - 8.00								
11.15 - 11.30								7.45 - 8.00								
11.15 - 11.30	Public Skating 1.15 - 2.45	Parent & Toddler 1.15 - 1.45	Public Skating 1.15 - 2.45	Public Skating 1.15 - 2.45	Parent & Toddler 1.15 - 1.45	Public Skating 1.15 - 2.45		7.45 - 8.00								7.45 - 8.00
11.30 - 11.45								7.45 - 8.00								
11.45 - 12.00								7.45 - 8.00								
12.00 - 12.15	Group 2 A 4.10 - 5.00	Group 2 A 4.10 - 5.00	Group 4 4.10 - 5.00	Group 2 A 4.10 - 5.00	Group 2 A 4.10 - 5.00	Public Skating 2.30 - 5.00		7.45 - 8.00								7.45 - 8.00
12.15 - 12.30								7.45 - 8.00								
12.30 - 12.45								7.45 - 8.00								
12.45 - 1.00	Group 2B & Dance 5.00 - 5.45	Group 2B & 3 5.00 - 5.45	Skate UK/Jnr. Acad 5.45-6.15	Child S8UK Star 5.45-6.15	Junior Hockey U11's 6.00 - 7.15	Junior Hockey U13 Div 1 Match 5.30-7.15		7.45 - 8.00								7.45 - 8.00
1.00 - 1.15								7.45 - 8.00								
1.15 - 1.30								7.45 - 8.00								
1.15 - 1.30	Group 1 3.00-4.00	Jun. Hockey U15's Div 1 6.00-7.30	Skate UK/Jnr. Acad 6.15-6.45	Skate UK 6.15 - 6.45	Junior Hockey U11's 6.00 - 7.15	Junior Hockey U18 Div 1 Match 5.30-7.15		7.45 - 8.00								7.45 - 8.00
1.30 - 1.45								7.45 - 8.00								
1.45 - 2.00								7.45 - 8.00								
1.45 - 2.00	Public Skating 1.15 - 2.45	Public Skating 1.15 - 2.45	Public Skating 1.15 - 2.45	Public Skating 1.15 - 2.45	Public Skating 1.15 - 2.45	Public Skating 1.15 - 2.45		7.45 - 8.00								7.45 - 8.00
2.00 - 2.15								7.45 - 8.00								
2.15 - 2.30								7.45 - 8.00								
2.30 - 2.45	Group 2 A 4.10 - 5.00	Group 2B & 3 5.00 - 5.45	Skate UK/Jnr. Acad 6.15-6.45	Skate UK 6.15 - 6.45	Junior Hockey U11's 6.00 - 7.15	Junior Hockey U18 Div 1 Match 5.30-7.15		7.45 - 8.00								7.45 - 8.00
2.45 - 3.00								7.45 - 8.00								
3.00 - 3.15								7.45 - 8.00								
3.00 - 3.15	Group 1 3.00-4.00	Jun. Hockey U15's Div 1 6.00-7.30	Adult Learn to Play Ice Hockey 7.30 - 9.30	Skate UK 7.30-8.00	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30		7.45 - 8.00								7.45 - 8.00
3.15 - 3.30								7.45 - 8.00								
3.30 - 3.45								7.45 - 8.00								
3.30 - 3.45	Group 2 A 4.10 - 5.00	Group 2B & 3 5.00 - 5.45	Skate UK/Jnr. Acad 6.15-6.45	Skate UK 6.15 - 6.45	Junior Hockey U11's 6.00 - 7.15	Junior Hockey U18 Div 1 Match 5.30-7.15		7.45 - 8.00								7.45 - 8.00
3.45 - 4.00								7.45 - 8.00								
4.00 - 4.15								7.45 - 8.00								
4.00 - 4.15	Group 2 A 4.10 - 5.00	Group 2B & 3 5.00 - 5.45	Skate UK/Jnr. Acad 6.15-6.45	Skate UK 6.15 - 6.45	Junior Hockey U11's 6.00 - 7.15	Junior Hockey U18 Div 1 Match 5.30-7.15		7.45 - 8.00								7.45 - 8.00
4.15 - 4.30								7.45 - 8.00								
4.30 - 4.45								7.45 - 8.00								
4.30 - 4.45	Group 2 A 4.10 - 5.00	Group 2B & 3 5.00 - 5.45	Skate UK/Jnr. Acad 6.15-6.45	Skate UK 6.15 - 6.45	Junior Hockey U11's 6.00 - 7.15	Junior Hockey U18 Div 1 Match 5.30-7.15		7.45 - 8.00								7.45 - 8.00
4.45 - 5.00								7.45 - 8.00								
5.00 - 5.15								7.45 - 8.00								
5.00 - 5.15	Group 2B & Dance 5.00 - 5.45	Jun. Hockey U15's Div 1 6.00-7.30	Adult Learn to Play Ice Hockey 7.30 - 9.30	Skate UK 7.30-8.00	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30		7.45 - 8.00								7.45 - 8.00
5.15 - 5.30								7.45 - 8.00								
5.30 - 5.45								7.45 - 8.00								
5.30 - 5.45	Group 2B & 3 5.00 - 5.45	Jun. Hockey U15's Div 1 6.00-7.30	Skate UK/Jnr. Acad 6.15-6.45	Skate UK 6.15 - 6.45	Junior Hockey U11's 6.00 - 7.15	Junior Hockey U18 Div 1 Match 5.30-7.15		7.45 - 8.00								7.45 - 8.00
5.45 - 6.00								7.45 - 8.00								
6.00 - 6.15								7.45 - 8.00								
6.00 - 6.15	EIHA Learn to Play Hockey 6.00 - 7.00	Jun. Hockey U15's Div 1 6.00-7.30	Skate UK/Jnr. Acad 6.15-6.45	Skate UK 6.15 - 6.45	Junior Hockey U11's 6.00 - 7.15	Junior Hockey U18 Div 1 Match 5.30-7.15		7.45 - 8.00								7.45 - 8.00
6.15 - 6.30								7.45 - 8.00								
6.30 - 6.45								7.45 - 8.00								
6.30 - 6.45	Group 2B & Dance 5.00 - 5.45	Jun. Hockey U15's Div 1 6.00-7.30	Skate UK/Jnr. Acad 6.15-6.45	Skate UK 6.15 - 6.45	Junior Hockey U11's 6.00 - 7.15	Junior Hockey U18 Div 1 Match 5.30-7.15		7.45 - 8.00								7.45 - 8.00
6.45 - 7.00								7.45 - 8.00								
7.00 - 7.15								7.45 - 8.00								
7.00 - 7.15	Skate UK 7.30-8.00	Jun. Hockey U15's Div 1 6.00-7.30	Adult Learn to Play Ice Hockey 7.30 - 9.30	Skate UK 7.30-8.00	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30		7.45 - 8.00								7.45 - 8.00
7.15 - 7.30								7.45 - 8.00								
7.30 - 7.45								7.45 - 8.00								
7.30 - 7.45	Portable Barrier Public Skating 7.30 - 9.30	Jun. Hockey U15's Div 1 6.00-7.30	Skate UK/Jnr. Acad 6.15-6.45	Skate UK 6.15 - 6.45	Junior Hockey U11's 6.00 - 7.15	Junior Hockey U18 Div 1 Match 5.30-7.15		7.45 - 8.00								7.45 - 8.00
7.45 - 8.00								7.45 - 8.00								
8.00 - 8.15								7.45 - 8.00								
8.00 - 8.15	Group 2B & Dance 5.00 - 5.45	Jun. Hockey U15's Div 1 6.00-7.30	Skate UK/Jnr. Acad 6.15-6.45	Skate UK 6.15 - 6.45	Junior Hockey U11's 6.00 - 7.15	Junior Hockey U18 Div 1 Match 5.30-7.15		7.45 - 8.00								7.45 - 8.00
8.15 - 8.30								7.45 - 8.00								
8.30 - 8.45								7.45 - 8.00								
8.30 - 8.45	Group 2B & 3 5.00 - 5.45	Jun. Hockey U15's Div 1 6.00-7.30	Skate UK/Jnr. Acad 6.15-6.45	Skate UK 6.15 - 6.45	Junior Hockey U11's 6.00 - 7.15	Junior Hockey U18 Div 1 Match 5.30-7.15		7.45 - 8.00								7.45 - 8.00
8.45 - 9.00								7.45 - 8.00								
9.00 - 9.15								7.45 - 8.00								
8.45 - 9.00	Group 2B & 3 5.00 - 5.45	Jun. Hockey U15's Div 1 6.00-7.30	Skate UK/Jnr. Acad 6.15-6.45	Skate UK 6.15 - 6.45	Junior Hockey U11's 6.00 - 7.15	Junior Hockey U18 Div 1 Match 5.30-7.15		7.45 - 8.00								7.45 - 8.00
9.00 - 9.15								7.45 - 8.00								
9.15 - 9.30								7.45 - 8.00								
9.00 - 9.15	Group 2B & 3 5.00 - 5.45	Jun. Hockey U15's Div 1 6.00-7.30	Skate UK/Jnr. Acad 6.15-6.45	Skate UK 6.15 - 6.45	Junior Hockey U11's 6.00 - 7.15	Junior Hockey U18 Div 1 Match 5.30-7.15		7.45 - 8.00								7.45 - 8.00
9.15 - 9.30								7.45 - 8.00								
9.30 - 9.45								7.45 - 8.00								
9.30 - 9.45	Group 2B & 3 5.00 - 5.45	Jun. Hockey U15's Div 1 6.00-7.30	Skate UK/Jnr. Acad 6.15-6.45	Skate UK 6.15 - 6.45	Junior Hockey U11's 6.00 - 7.15	Junior Hockey U18 Div 1 Match 5.30-7.15		7.45 - 8.00								7.45 - 8.00
9.45 - 10.00								7.45 - 8.00								
10.00 - 10.15								7.45 - 8.00								
10.00 - 10.15	North Stars 10.00-11.00	Jun. Hockey U18's Div 1 9.30-11.00	Scrimmage /Barrier 8.30-9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30		7.45 - 8.00								7.45 - 8.00
10.15 - 10.30								7.45 - 8.00								
10.30 - 10.45								7.45 - 8.00								
10.30 - 10.45	Group 2B & 3 5.00 - 5.45	Jun. Hockey U18's Div 1 9.30-11.00	Skate UK/Jnr. Acad 6.15-6.45	Skate UK 6.15 - 6.45	Junior Hockey U11's 6.00 - 7.15	Junior Hockey U18 Div 1 Match 5.30-7.15		7.45 - 8.00								7.45 - 8.00
10.45 - 11.00								7.45 - 8.00								
11.00 - 11.15								7.45 - 8.00								
11.00 - 11.15	Mavericks A/B Team 11.15-12.45	Mavericks E/Development Team Trials 11.15-12.15	Scrimmage /Barrier 8.30-9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30		7.45 - 8.00								7.45 - 8.00
11.15 - 11.30								7.45 - 8.00								
11.30 - 11.45								7.45 - 8.00								
11.30 - 11.45	Mavericks A/B Team 11.15-12.45	Mavericks E/Development Team Trials 11.15-12.15	Scrimmage /Barrier 8.30-9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30	Public Skating 7.30 - 9.30		7.45 - 8.00								7.45 - 8.00
11.45 - 12.00																

