




Resident Ice Hockey Clubs

You've completed the Skate Hockey and Play Hockey courses, now you could join a resident club and compete.

The clubs detailed below are external users of the National Ice Centre and each individual club has the final decision on who they allow into their clubs. The criteria listed is to be used as a guide.

TEAM	ENTRY REQUIREMENTS	TRAINING	CONTACT
Nottingham Ice Hockey Club 	Ages Range: 5-19 years Ability level: all* <i>*Must have completed Play Hockey grade 3</i>	Tuesday, Wednesday, Thursday & Friday evenings	nihc.co.uk www.facebook.com/OfficialNIHC/
Knights 	Age range: 18+ Ability Level: all	Sunday evenings	www.facebook.com/nottinghamknights/
Northstars 	Age range: 18+ Ability level: all* <i>*Must have completed Skating Lessons grade 4 or adult Skate Hockey grade 6</i>	Monday evenings	www.facebook.com/nottinghamnorthstars
Outlaws 	Age range: 18+ Ability level: all	Wednesday & Friday evenings	outlawsihc.co.uk www.facebook.com/nottinghamoutlawsicehockeyclub/
Nottingham Phantoms 	Age range: 18+ Ability level: intermediate* <i>*Must be a reasonable skater and have previous experience</i>	Tuesday evenings	phantomshockey.co.uk www.facebook.com/NPIHC/
Cyclones 	Age range: 18+ Ability level: beginner	Saturday evenings	www.facebook.com/NottinghamCyclones/
Nottingham Mavericks 	Age range: 18+* Ability level: all <i>*Must be a university student</i>	Monday, Tuesday & Thursday evenings	www.facebook.com/NottmMavericks/