PROGRESSION CHART

TOTS
LEARN TO SKATE

CHILD & ADULT
SKATE HOCKEY

GRADE 1

CHILD & ADULT
PLAY HOCKEY

GRADE 2

JUNIOR FIGURE
SKATING ACADEMY

GRADE 3

LEARN TO
SPEED SKATE

GRADE 4

GRADE 5

GRADE 6

ADULT FIGURE &
ICE DANCE CLASS

GRADE 7

PRACTICE
ICE

GRADE 8

CHOOSE YOUR DISCIPLINE

FIGURE SKATING　　**ICE DANCE**

CHILD FIGURE &
ICE DANCE CLASS

STAR BRONZE　　**STAR BRONZE**

SYNCHRONIZED
SKATING

STAR SILVER　　**STAR SILVER**

STAR GOLD　　**STAR GOLD**

STAR PLUS

NISA COMPETITIVE TEST STRUCTURE

NIC FIGURE
SKATING ACADEMY