

CCM PAD	Mon 19th Oct	Tue 20th Oct	Wed 21st Oct	Thu 22nd Oct	Fri 23rd Oct	Sat 24th Oct	Sun 25th Oct	ARENA PAD	Mon 19th Oct	Tue 20th Oct	Wed 21st Oct	Thu 22nd Oct	Fri 23rd Oct	Sat 24th Oct	Sun 25th Oct
05:00-05:15								05:00-05:15							
05:15-05:30								05:15-05:30							
05:30-05:45		Practice Ice 05:00-06:00	Practice Ice 05:00-06:00	Practice Ice 05:00-06:00				05:30-05:45							
05:45-06:00								05:45-06:00							
06:00-06:15								06:00-06:15							
06:15-06:30	Practice Ice 06:00-07:00	Practice Ice 06:00-07:00	Practice Ice 06:00-07:00	Practice Ice 06:00-07:00			Practice Ice 05:30-06:30	06:15-06:30					Practice Ice 06:00-07:00		
06:30-06:45								06:30-06:45							
06:45-07:00								06:45-07:00							
07:00-07:15								07:00-07:15							
07:15-07:30	Practice Ice 07:00-08:00	Practice Ice 07:00-08:00	Practice Ice 07:00-08:00	Practice Ice 07:00-08:00				07:15-07:30	Practice Ice BIS L8+ ONLY 07:00-08:00		Practice Ice BIS L8+ ONLY 07:00-08:00		Practice Ice 07:00-08:00		
07:30-07:45								07:30-07:45							
07:45-08:00								07:45-08:00							
08:00-08:15								08:00-08:15							
08:15-08:30								08:15-08:30	Practice Ice 08:00-09:00	Practice Ice 08:00-09:00	Practice Ice 08:00-09:00	Practice Ice 08:00-09:00	Practice Ice 08:00-09:00		
08:30-08:45								08:30-08:45							
08:45-09:00								08:45-09:00							
09:00-09:15	SSPP Short Track 08:15-10:00	SSPP Short Track 08:15-10:00	SSPP Short Track 08:15-10:00	SSPP Short Track 08:15-10:00				09:00-09:15							
09:15-09:30								09:15-09:30	Practice Ice 09:00-10:00	Practice Ice 09:00-10:00	Practice Ice 09:00-10:00	Practice Ice 09:00-10:00	Practice Ice 09:00-10:00		
09:30-09:45								09:30-09:45							
09:45-10:00								09:45-10:00							
10:00-10:15								10:00-10:15							
10:15-10:30								10:15-10:30	Skate UK INTENSIVE 10:00-11:00	Skate UK INTENSIVE 10:00-11:00	Skate UK INTENSIVE 10:00-11:00	Practice Ice 10:00-11:00			
10:30-10:45								10:30-10:45							
10:45-11:00								10:45-11:00							
11:00-11:15	Public Skating 10:15-11:15	Public Skating 10:15-11:15	Public Skating 10:15-11:15	Public Skating 10:15-11:15				11:00-11:15	Practice 11:00-11:30	Practice 11:00-11:30	Practice 11:00-11:30		Public Skating 10:15-11:15		
11:15-11:30								11:15-11:30							
11:30-11:45	Public Skating 11:20-12:20	Public Skating 11:20-12:20	Public Skating 11:20-12:20	Public Skating 11:20-12:20				11:30-11:45							
11:45-12:00								11:45-12:00							
12:00-12:15								12:00-12:15							
12:15-12:30								12:15-12:30	Public Skating 12:00-13:00	Public Skating 12:00-13:00	Public Skating 12:00-13:00	Public Skating 12:00-13:00			
12:30-12:45								12:30-12:45							
12:45-13:00	Public Skating 12:25-13:25	Public Skating 12:25-13:25	Public Skating 12:25-13:25	Public Skating 12:25-13:25				12:45-13:00							
13:00-13:15								13:00-13:15							
13:15-13:30								13:15-13:30							
13:30-13:45								13:30-13:45							
13:45-14:00	Public Skating 13:30-14:30	Public Skating 13:30-14:30	Public Skating 13:30-14:30	Public Skating 13:30-14:30				13:45-14:00	Public Skating 13:10-14:10	Public Skating 13:10-14:10	Public Skating 13:10-14:10	Public Skating 13:10-14:10			
14:00-14:15								14:00-14:15							
14:15-14:30								14:15-14:30							
14:30-14:45								14:30-14:45							
14:45-15:00								14:45-15:00							
15:00-15:15		Practice Ice 14:45-15:45	Public Skating 14:35-15:35	Public Skating 14:35-15:35				15:00-15:15	Practice Ice 14:30-15:30	Practice Ice 14:30-15:30	Practice Ice 14:30-15:30	Practice Ice 14:30-15:30			
15:15-15:30								15:15-15:30							
15:30-15:45	SSPP Short Track 14:45-16:30							15:30-15:45							
15:45-16:00		Practice Ice 15:45-16:45						15:45-16:00							
16:00-16:15								16:00-16:15							
16:15-16:30								16:15-16:30							
16:30-16:45								16:30-16:45							
16:45-17:00								16:45-17:00							
17:00-17:15	Practice Ice BIS L8+ ONLY 17:00-18:00							17:00-17:15							
17:15-17:30								17:15-17:30							
17:30-17:45								17:30-17:45							
17:45-18:00								17:45-18:00							
18:00-18:15	Skate Hockey 18:00-18:30							18:00-18:15							
18:15-18:30		Private Booking NIHC U13 18:00-19:30						18:15-18:30							
18:30-18:45	Skate Hockey 18:30-19:00							18:30-18:45							
18:45-19:00								18:45-19:00							
19:00-19:15								19:00-19:15							
19:15-19:30								19:15-19:30							
19:30-19:45	Private Booking NIHC U9/U11 19:15-20:30							19:30-19:45							
19:45-20:00								19:45-20:00							
20:00-20:15								20:00-20:15							
20:15-20:30		Private Booking NIHC U15 19:45-21:15						20:15-20:30							
20:30-20:45								20:30-20:45							
20:45-21:00								20:45-21:00							
21:00-21:15	Private Booking NIHC U18 20:45-21:45							21:00-21:15							
21:15-21:30								21:15-21:30							
21:30-21:45								21:30-21:45							
21:45-22:00								21:45-22:00							
22:00-22:15								22:00-22:15							
22:15-22:30	Private Booking NIHC U18 21:30-23:00							22:15-22:30							
22:30-22:45								22:30-22:45							
22:45-23:00								22:45-23:00							
23:00-23:15								23:00-23:15							
23:15-23:30	Private Booking MAVERICKS 23:15-00:15	Private Booking MAVERICKS 23:15-00:15						23:15-23:30							
23:30-23:45								23:30-23:45							
23:45-00:00								23:45-00:00							
00:00-00:15								00:00-00:15							
00:15-00:30								00:15-00:30							
00:30-00:45								00:30-00:45							
00:45-01:00								00:45-01:00							
01:00-01:15								01:00-01:15							
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01:30-01:45								01:30-01:45							
01:45-02:00								01:45-02:00							

