

CCM PAD	Mon 12th Jul	Tue 13th Jul	Wed 14th Jul	Thu 15th Jul	Fri 16th Jul	Sat 17th Jul	Sun 18th Jul	ARENA PAD	Mon 12th Jul	Tue 13th Jul	Wed 14th Jul	Thu 15th Jul	Fri 16th Jul	Sat 17th Jul	Sun 18th Jul
05:00-05:15	VENUE CLOSED	VENUE CLOSED						05:00-05:15	VENUE CLOSED	VENUE CLOSED					
05:15-05:30								05:15-05:30							
05:30-05:45								05:30-05:45							
05:45-06:00								05:45-06:00							
06:00-06:15			Practice Ice 06:00-07:00	Practice Ice 06:00-07:00	Practice Ice 06:00-07:00	Practice Ice 05:45-06:45	Practice Ice 06:00-07:00	06:00-06:15							
06:15-06:30								06:15-06:30							
06:30-06:45								06:30-06:45							
06:45-07:00								06:45-07:00							
07:00-07:15								07:00-07:15							
07:15-07:30								07:15-07:30							
07:30-07:45			Practice Ice 07:00-08:00	Practice Ice 07:00-08:00	Practice Ice 07:00-08:00	Practice Ice 06:45-07:45	Practice Ice 07:00-08:00	07:30-07:45			Practice Ice BIS L8+ 07:00-08:00	Practice Ice BIS L8+ 07:00-08:00	Practice Ice BIS L8+ 07:00-08:00		Private Booking NSSA 06:00-07:30
07:45-08:00								07:45-08:00							
08:00-08:15								08:00-08:15							
08:15-08:30								08:15-08:30							
08:30-08:45								08:30-08:45							
08:45-09:00								08:45-09:00							
09:00-09:15								09:00-09:15							
09:15-09:30								09:15-09:30							
09:30-09:45			SSPP Short Track 08:45-10:45	SSPP Short Track 08:45-10:45	SSPP Short Track 08:45-10:45	Skate UK 09:15-10:15	Jnr. Academy 09:15-10:15	09:30-09:45							
09:45-10:00								09:45-10:00							
10:00-10:15								10:00-10:15							
10:15-10:30								10:15-10:30							
10:30-10:45								10:30-10:45							
10:45-11:00				PADS ON ICE				10:45-11:00							
11:00-11:15								11:00-11:15							
11:15-11:30								11:15-11:30							
11:30-11:45								11:30-11:45							
11:45-12:00			Practice Ice 11:30-12:30	Practice Ice 11:30-12:30				11:45-12:00							
12:00-12:15								12:00-12:15							
12:15-12:30								12:15-12:30							
12:30-12:45								12:30-12:45							
12:45-13:00								12:45-13:00							
13:00-13:15								13:00-13:15							
13:15-13:30								13:15-13:30							
13:30-13:45								13:30-13:45							
13:45-14:00								13:45-14:00			SCHOOLS 13:30-14:30	SCHOOLS 13:30-14:30	SCHOOLS 13:30-14:30		Private Booking NSSA 11:30-14:30
14:00-14:15			Public Skating SCHOOLS 13:30-14:30		Public Skating 13:30-14:30			14:00-14:15							
14:15-14:30								14:15-14:30							
14:30-14:45								14:30-14:45							
14:45-15:00								14:45-15:00							
15:00-15:15	Practice Ice 14:45-15:45							15:00-15:15							
15:15-15:30		SSPP Short Track 14:45-16:45	Practice Ice 14:45-15:45		Practice Ice BIS L8+ 14:45-15:45	Public Skating 14:30-15:30 & 15:30-16:30	Public Skating 14:30-15:30 & 15:30-16:30	15:15-15:30							
15:30-15:45								15:30-15:45							
15:45-16:00								15:45-16:00							
16:00-16:15	Practice Ice 15:45-16:45		Practice Ice 15:45-16:45	Practice Ice BIS L8+ 15:45-16:45	Practice Ice BIS L8+ 15:45-16:45			16:00-16:15							
16:15-16:30								16:15-16:30							
16:30-16:45								16:30-16:45							
16:45-17:00	Practice Ice 16:45-17:45							16:45-17:00							
17:00-17:15								17:00-17:15							
17:15-17:30			Skate UK 16:45-18:15	Jnr. Academy 16:45-17:45	Practice Ice ALL LEVELS 16:45-17:45			17:15-17:30							
17:30-17:45								17:30-17:45							
17:45-18:00								17:45-18:00							
18:00-18:15								18:00-18:15							
18:15-18:30								18:15-18:30							
18:30-18:45								18:30-18:45							
18:45-19:00		Private Booking TBC - SB 18:00-20:00						18:45-19:00							
19:00-19:15			Public Skating 18:30-19:30	Skate UK 18:30-19:00	Adult Skills Class 18:30-19:15			19:00-19:15							
19:15-19:30								19:15-19:30							
19:30-19:45								19:30-19:45							
19:45-20:00								19:45-20:00							
20:00-20:15								20:00-20:15							
20:15-20:30								20:15-20:30							
20:30-20:45								20:30-20:45							
20:45-21:00		Private Booking MAVERICKS 20:15-21:15						20:45-21:00							
21:00-21:15								21:00-21:15							
21:15-21:30								21:15-21:30							
21:30-21:45								21:30-21:45							
21:45-22:00								21:45-22:00							
22:00-22:15								22:00-22:15							
22:15-22:30								22:15-22:30							
22:30-22:45								22:30-22:45							
22:45-23:00								22:45-23:00							
23:00-23:15								23:00-23:15							
23:15-23:30								23:15-23:30							
23:30-23:45								23:30-23:45							
23:45-00:00								23:45-00:00							
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00:15-00:30								00:15-00:30							
00:30-00:45								00:30-00:45							
00:45-01:00								00:45-01:00							
01:00-01:15								01:00-01:15							
01:15-01:30								01:15-01:30							
01:30-01:45								01:30-01:45							
01:45-02:00								01:45-02:00							

CCM PAD	Mon 19th Jul	Tue 20th Jul	Wed 21st Jul	Thu 22nd Jul	Fri 23rd Jul	Sat 24th Jul	Sun 25th Jul	ARENA PAD	Mon 19th Jul	Tue 20th Jul	Wed 21st Jul	Thu 22nd Jul	Fri 23rd Jul	Sat 24th Jul	Sun 25th Jul
05:00-05:15	VENUE CLOSED	VENUE CLOSED						05:00-05:15	VENUE CLOSED	VENUE CLOSED					
05:15-05:30								05:15-05:30							
05:30-05:45								05:30-05:45							
05:45-06:00								05:45-06:00							
06:00-06:15			Practice Ice 06:00-07:00	Practice Ice 06:00-07:00	Practice Ice 06:00-07:00	Practice Ice 05:45-06:45	Practice Ice 06:00-07:00	06:00-06:15							
06:15-06:30								06:15-06:30							
06:30-06:45								06:30-06:45							
06:45-07:00								06:45-07:00							Private Booking NSSA 06:00-07:30
07:00-07:15								07:00-07:15							
07:15-07:30			Practice Ice 07:00-08:00	Practice Ice 07:00-08:00	Practice Ice 07:00-08:00	Practice Ice 06:45-07:45	Practice Ice 07:00-08:00	07:15-07:30			Practice Ice BIS LB+ 07:00-08:00	Practice Ice BIS LB+ 07:00-08:00	Practice Ice BIS LB+ 07:00-08:00		
07:30-07:45								07:30-07:45							
07:45-08:00								07:45-08:00							
08:00-08:15								08:00-08:15							
08:15-08:30			Practice Ice 08:00-09:00	Practice Ice 08:00-09:00	Practice Ice 08:00-09:00	Private Booking NIRC 08:00-09:00	Practice Ice 08:00-09:00	08:15-08:30							Private Booking NSSA 08:00-09:00
08:30-08:45								08:30-08:45							
08:45-09:00								08:45-09:00							
09:00-09:15								09:00-09:15							
09:15-09:30								09:15-09:30							
09:30-09:45								09:30-09:45							
09:45-10:00								09:45-10:00							
10:00-10:15								10:00-10:15							
10:15-10:30								10:15-10:30							
10:30-10:45								10:30-10:45							
10:45-11:00								10:45-11:00							
11:00-11:15								11:00-11:15							
11:15-11:30								11:15-11:30							
11:30-11:45								11:30-11:45							
11:45-12:00								11:45-12:00							
12:00-12:15								12:00-12:15							
12:15-12:30								12:15-12:30							
12:30-12:45								12:30-12:45							
12:45-13:00								12:45-13:00							
13:00-13:15								13:00-13:15							
13:15-13:30								13:15-13:30							
13:30-13:45								13:30-13:45							
13:45-14:00			Public Skating 13:30-14:30		Public Skating 13:30-14:30			13:45-14:00							
14:00-14:15								14:00-14:15							
14:15-14:30								14:15-14:30							
14:30-14:45								14:30-14:45							
14:45-15:00								14:45-15:00							
15:00-15:15	Practice Ice 14:45-15:45	Practice Ice 14:45-15:45	Practice Ice 14:45-15:45	Practice Ice 14:45-15:45	Practice Ice BIS LB+ 14:45-15:45	Public Skating 14:30-15:30 & 15:30-16:30	Public Skating 14:30-15:30 & 15:30-16:30	15:00-15:15							
15:15-15:30								15:15-15:30							
15:30-15:45								15:30-15:45							
15:45-16:00								15:45-16:00							
16:00-16:15	Practice Ice 15:45-16:45	Practice Ice 15:45-16:45	Practice Ice 15:45-16:45	Practice Ice 15:45-16:45	Practice Ice BIS LB+ 15:45-16:45			16:00-16:15							
16:15-16:30								16:15-16:30			Practice Ice BIS LB+ 15:45-16:45	Practice Ice BIS LB+ 15:45-16:45	Practice Ice BIS LB+ 15:45-16:45	Private Booking IHUK PO10 15:45-16:30	Private Booking IHUK PO10 15:30-16:45
16:30-16:45								16:30-16:45							
16:45-17:00								16:45-17:00							
17:00-17:15	Practice Ice 16:45-17:45	Practice Ice 16:45-17:45		Practice Ice ALL LEVELS 16:45-17:45				17:00-17:15							
17:15-17:30			Skate UK 16:45-18:15			Private Booking Clarke & Co. 17:00-18:15	Private Booking NIRC 17:00-18:30	17:15-17:30			Practice Ice BIS LB+ 16:45-17:45	Practice Ice BIS LB+ 16:45-17:45	Practice Ice BIS LB+ 16:45-17:45		Private Booking Clarke & Co. 17:00-18:15
17:30-17:45								17:30-17:45							
17:45-18:00								17:45-18:00							
18:00-18:15								18:00-18:15							
18:15-18:30		Private Booking TBC - SB 18:00-20:00			Private Booking NIRC 17:45-18:45			18:15-18:30							
18:30-18:45								18:30-18:45							
18:45-19:00								18:45-19:00							
19:00-19:15								19:00-19:15							
19:15-19:30								19:15-19:30							
19:30-19:45								19:30-19:45							
19:45-20:00								19:45-20:00							
20:00-20:15								20:00-20:15							
20:15-20:30								20:15-20:30							
20:30-20:45								20:30-20:45							
20:45-21:00	Private Booking MAVERICKS 20:15-21:15		Private Booking OUTLAWS 20:00-21:00	Private Booking NSSA 19:30-21:00	Public Skating 19:00-20:00 & 20:00-21:00	Public Skating 19:00-20:00 & 20:00-21:00	Private Booking KNIGHTS 20:00-21:00	20:45-21:00			Private Booking NSSA 19:00-22:00	Private Booking Clarke & Co. 18:30-19:30	Private Booking IHUK PO10 18:30-20:00		
21:00-21:15								21:00-21:15							
21:15-21:30								21:15-21:30							
21:30-21:45								21:30-21:45							
21:45-22:00								21:45-22:00							
22:00-22:15								22:00-22:15							
22:15-22:30								22:15-22:30							
22:30-22:45								22:30-22:45							
22:45-23:00								22:45-23:00							
23:00-23:15								23:00-23:15							
23:15-23:30								23:15-23:30							
23:30-23:45								23:30-23:45							
23:45-00:00								23:45-00:00							
00:00-00:15								00:00-00:15							
00:15-00:30								00:15-00:30							
00:30-00:45								00:30-00:45							
00:45-01:00								00:45-01:00							
01:00-01:15								01:00-01:15							
01:15-01:30								01:15-01:30							
01:30-01:45								01:30-01:45							
01:45-02:00								01:45-02:00							

CCM PAD	Mon 26th Jul	Tue 27th Jul	Wed 28th Jul	Thu 29th Jul	Fri 30th Jul	Sat 31st Jul	Sun 1st Aug	ARENA PAD	Mon 26th Jul	Tue 27th Jul	Wed 28th Jul	Thu 29th Jul	Fri 30th Jul	Sat 31st Jul	Sun 1st Aug
05:00-05:15	VENUE CLOSED	VENUE CLOSED						05:00-05:15	VENUE CLOSED	VENUE CLOSED					
05:15-05:30								05:15-05:30							
05:30-05:45								05:30-05:45							
05:45-06:00								05:45-06:00							
06:00-06:15								06:00-06:15							
06:15-06:30			Practice Ice 06:30-07:00	Practice Ice 06:00-07:00	Practice Ice 06:00-07:00	Practice Ice 05:45-06:45	Practice Ice 06:00-07:00	06:15-06:30							
06:30-06:45								06:30-06:45							
06:45-07:00								06:45-07:00							
07:00-07:15								07:00-07:15							
07:15-07:30								07:15-07:30			Practice Ice BIS L+ 07:00-08:00	Practice Ice BIS L+ 07:00-08:00	Practice Ice BIS L+ 07:00-08:00		
07:30-07:45								07:30-07:45							
07:45-08:00								07:45-08:00							
08:00-08:15								08:00-08:15							
08:15-08:30			Practice Ice 08:00-09:00	Practice Ice 08:00-09:00	Practice Ice 08:00-09:00	Private Booking NIRC 08:00-09:00	Practice Ice 08:00-09:00	08:15-08:30						Practice Ice 07:45-08:45	
08:30-08:45								08:30-08:45							
08:45-09:00								08:45-09:00							
09:00-09:15								09:00-09:15							
09:15-09:30								09:15-09:30							
09:30-09:45	SSPP Short Track 08:45-10:45					Skate UK 09:15-10:15	Jnr. Academy 09:15-10:15	09:30-09:45			SSPP Short Track 08:45-10:45	SSPP Short Track 08:45-10:45	SSPP Short Track 08:45-10:45		
09:45-10:00								09:45-10:00							
10:00-10:15								10:00-10:15							
10:15-10:30						Private Booking RENEWAL TRUST FS 17:45-18:45		10:15-10:30							
10:30-10:45								10:30-10:45							
10:45-11:00								10:45-11:00							
11:00-11:15								11:00-11:15							
11:15-11:30								11:15-11:30							
11:30-11:45								11:30-11:45							
11:45-12:00								11:45-12:00							
12:00-12:15								12:00-12:15							
12:15-12:30								12:15-12:30							
12:30-12:45								12:30-12:45							
12:45-13:00								12:45-13:00							
13:00-13:15								13:00-13:15							
13:15-13:30								13:15-13:30							
13:30-13:45								13:30-13:45							
13:45-14:00			Public Skating 13:30-14:30					13:45-14:00							
14:00-14:15								14:00-14:15							
14:15-14:30								14:15-14:30							
14:30-14:45								14:30-14:45							
14:45-15:00								14:45-15:00							
15:00-15:15	Practice Ice 14:45-15:45	Practice Ice 14:45-15:45	Practice Ice 14:45-15:45	Practice Ice 14:45-15:45	Practice Ice 14:45-15:45	Public Skating 14:30-15:30 & 15:30-16:30	Public Skating 14:30-15:30 & 15:30-16:30	15:00-15:15						Practice Ice 14:45-15:45	Practice Ice 14:45-15:45
15:15-15:30								15:15-15:30							
15:30-15:45								15:30-15:45							
15:45-16:00								15:45-16:00							
16:00-16:15	Practice Ice 15:45-16:45	Practice Ice 15:45-16:45	Practice Ice 15:45-16:45	Practice Ice 15:45-16:45	Practice Ice 15:45-16:45			16:00-16:15						Practice Ice 15:45-16:45	Practice Ice 15:45-16:45
16:15-16:30								16:15-16:30			Practice Ice BIS L+ 15:45-16:45	Practice Ice BIS L+ 15:45-16:45	Practice Ice 15:45-16:45	Practice Ice 15:45-16:45	Practice Ice 15:45-16:45
16:30-16:45								16:30-16:45							
16:45-17:00								16:45-17:00							
17:00-17:15	Practice Ice 16:45-17:45	Practice Ice 16:45-17:45	Skate UK 16:45-18:15	Jnr. Academy 16:45-17:45	Practice Ice ALL LEVELS 16:45-17:45			17:00-17:15							
17:15-17:30								17:15-17:30							
17:30-17:45								17:30-17:45							
17:45-18:00								17:45-18:00							
18:00-18:15								18:00-18:15			Practice Ice 17:45-18:45	Practice Ice 17:45-18:45			Private Booking NIRC 17:00-18:30
18:15-18:30								18:15-18:30							
18:30-18:45								18:30-18:45							
18:45-19:00		Private Booking TBC - SB 18:00-20:00						18:45-19:00							
19:00-19:15			Public Skating 18:30-19:30	Skate UK 18:30-19:00	Adult Skills Class 18:30-19:15			19:00-19:15							
19:15-19:30				Skate UK 19:00-19:30				19:15-19:30							
19:30-19:45								19:30-19:45							
19:45-20:00								19:45-20:00							
20:00-20:15								20:00-20:15							
20:15-20:30								20:15-20:30							
20:30-20:45								20:30-20:45							
20:45-21:00		Private Booking MAVERICKS 20:15-21:15						20:45-21:00							
21:00-21:15								21:00-21:15							
21:15-21:30								21:15-21:30							
21:30-21:45								21:30-21:45							
21:45-22:00								21:45-22:00							
22:00-22:15								22:00-22:15							
22:15-22:30								22:15-22:30							
22:30-22:45								22:30-22:45							
22:45-23:00								22:45-23:00							
23:00-23:15								23:00-23:15							
23:15-23:30								23:15-23:30							
23:30-23:45								23:30-23:45							
23:45-00:00								23:45-00:00							
00:00-00:15								00:00-00:15							
00:15-00:30								00:15-00:30							
00:30-00:45								00:30-00:45							
00:45-01:00								00:45-01:00							
01:00-01:15								01:00-01:15							
01:15-01:30								01:15-01:30							
01:30-01:45								01:30-01:45							
01:45-02:00								01:45-02:00							

CCM PAD	Mon 2nd Aug	Tue 3rd Aug	Wed 4th Aug	Thu 5th Aug	Fri 6th Aug	Sat 7th Aug	Sun 8th Aug	ARENA PAD	Mon 2nd Aug	Tue 3rd Aug	Wed 4th Aug	Thu 5th Aug	Fri 6th Aug	Sat 7th Aug	Sun 8th Aug
05:00-05:15	VENUE CLOSED	VENUE CLOSED						05:00-05:15	VENUE CLOSED	VENUE CLOSED					
05:15-05:30								05:15-05:30							
05:30-05:45								05:30-05:45							
05:45-06:00								05:45-06:00							
06:00-06:15			Practice Ice 06:00-07:00	Practice Ice 06:00-07:00	Practice Ice 06:00-07:00	Practice Ice 05:45-06:45	Practice Ice 06:00-07:00	06:00-06:15							
06:15-06:30								06:15-06:30							
06:30-06:45								06:30-06:45							
06:45-07:00								06:45-07:00							
07:00-07:15								07:00-07:15							
07:15-07:30								07:15-07:30							
07:30-07:45								07:30-07:45							
07:45-08:00								07:45-08:00							
08:00-08:15								08:00-08:15							
08:15-08:30			Practice Ice 08:00-09:00	Practice Ice 08:00-09:00	Practice Ice 08:00-09:00	Private Booking NIRC 08:00-09:00	Practice Ice 08:00-09:00	08:15-08:30						Practice Ice 07:45-08:45	
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